

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Ladies' Junior 13	W004	Lui Lauren	0	100	100	0	200
0	Ladies' Junior 13	W002	Chan Charlotte	100	99	0	0	199
0	Ladies' Junior 13	W001	Barnes Ella	99	98	0	0	197
0	Ladies' Junior 13	W003	Jin Claire	98	0	0	0	98
0	Ladies' Junior 15	W152	Ai Xin	100	100	99	0	299
0	Ladies' Junior 15	W006	Chan Cwensuela	99	99	97	0	295
0	Ladies' Junior 15	W009	Lui Ellen	0	98	98	0	196
0	Ladies' Junior 15	W008	Guo Yuqi	0	97	96	0	193
0	Ladies' Junior 15	W012	Nixon Liliana	97	94	0	0	191
0	Ladies' Junior 15	W150	Herminjard Chole	0	0	100	0	100
0	Ladies' Junior 15	W007	Cheuk Ting Tsang	98	0	0	0	98
0	Ladies' Junior 15	W011	ng huen yee	0	95	0	0	95
0	Ladies' Junior 15	W010	Murchie Ines	0	0	0	0	0
0	Ladies' Junior 15	W013	Whybrow Sophie	0	0	0	0	0
0	Ladies' Junior 17	W014	Mok Wing Lam	100	0	0	0	100
0	Ladies' Junior 17	W016	Sum Ka Tung	99	0	0	0	99
0	Ladies' Junior 17	W015	Seeto Ching Lam Jasmine	98	0	0	0	98
0	Ladies' Open	W023	LAU WING HIN	96	99	99	0	294
0	Ladies' Open	W024	Lau Wai Hin	95	98	100	0	293
0	Ladies' Open	W034	Wanger Alison	92	94	98	0	284
0	Ladies' Open	W035	Whittington Chloe	91	95	0	0	186
0	Ladies' Open	W040	Shifah	88	0	95	0	183
0	Ladies' Open	W021	Inge Nicky	100	0	0	0	100
0	Ladies' Open	W037	Yan Yan	0	100	0	0	100
0	Ladies' Open	W027	Lee Wai Man	99	0	0	0	99
0	Ladies' Open	W030	LI CHIN WA	98	0	0	0	98
0	Ladies' Open	W017	Casey Kara	97	0	0	0	97
0	Ladies' Open	W136	Smith Olivia	0	97	0	0	97
0	Ladies' Open	W146	Edrian	0	0	97	0	97
0	Ladies' Open	W128	Greenleaf Lucy	0	96	0	0	96
0	Ladies' Open	W154	Tsang Nessa	0	0	96	0	96
0	Ladies' Open	W028	Lee Yuen yi	94	0	0	0	94
0	Ladies' Open	W031	ng Nausicaa huen kiu	0	93	0	0	93
0	Ladies' Open	W124	MANON	93	0	0	0	93
0	Ladies' Open	W134	maslin genevieve	0	92	0	0	92
0	Ladies' Open	W026	Ledger Martha	90	0	0	0	90
0	Ladies' Open	W025	Lau Krystal	89	0	0	0	89
0	Ladies' Open	W018	Chan Cheuk Lam Jessica	0	0	0	0	0
0	Ladies' Open	W019	Chan Wai Yan Alison	0	0	0	0	0
0	Ladies' Open	W020	Chow Rachel	0	0	0	0	0
0	Ladies' Open	W022	Lam York Tin	0	0	0	0	0
0	Ladies' Open	W029	Leung Fuk Yee	0	0	0	0	0
0	Ladies' Open	W032	ng Jasmine	0	0	0	0	0
0	Ladies' Open	W036	Wong Giselle	0	0	0	0	0
0	Ladies' Open	W038	YAU MEI TING	0	0	0	0	0
0	Ladies' Open	W039	Yeung Kellis	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Ladies' 35	W046	Haas Astrid	93	99	93	0	285
0	Ladies' 35	W043	Chan Suk Ting	100	0	100	0	200
0	Ladies' 35	W153	Bhargava Nimita	94	0	95	0	189
0	Ladies' 35	W047	Kong Lai Chu	0	100	0	0	100
0	Ladies' 35	W052	Yu Tiffany	99	0	0	0	99
0	Ladies' 35	W149	Monahan Colette	0	0	99	0	99
0	Ladies' 35	W044	Gilbert Jessica	98	0	0	0	98
0	Ladies' 35	W130	LATORRACA VALENTINA	0	0	98	0	98
0	Ladies' 35	W051	Szeto Karen	97	0	0	0	97
0	Ladies' 35	W147	CHEUNG Lisa	0	0	97	0	97
0	Ladies' 35	W045	Graham Gillian	96	0	0	0	96
0	Ladies' 35	W132	Li Juliette	0	0	96	0	96
0	Ladies' 35	W049	Li Sonia	95	0	0	0	95
0	Ladies' 35	W148	Mehta Megha	0	0	94	0	94
0	Ladies' 35	W041	Ah Kong Tracy	0	0	0	0	0
0	Ladies' 35	W048	Lee Tsz Wa	0	0	0	0	0
0	Ladies' 35	W050	Pang Lisa	0	0	0	0	0
0	Ladies' 35	W127	Bell Gemma	0	0	0	0	0
0	Ladies' 35	W129	Jin Christy	0	0	0	0	0
0	Ladies' 35	W131	Lee HaeWon	0	0	0	0	0
0	Ladies' 40	W058	Hilton Jude	97	100	98	0	295
0	Ladies' 40	W061	kam hay	98	99	96	0	293
0	Ladies' 40	W054	Borchart Lisa	95	96	93	0	284
0	Ladies' 40	W065	WANG YUEN SUEN	100	0	99	0	199
0	Ladies' 40	W064	Shuttleworth Amie	99	0	100	0	199
0	Ladies' 40	W056	Cvetkovic Maggie	96	97	0	0	193
0	Ladies' 40	W140	Yeung Sze Man	0	98	95	0	193
0	Ladies' 40	W062	Kwok Tin Chi	93	0	90	0	183
0	Ladies' 40	W063	Rice Justine	92	0	91	0	183
0	Ladies' 40	W067	Sarah	91	0	92	0	183
0	Ladies' 40	W142	Neto Helene	0	0	97	0	97
0	Ladies' 40	W126	Barnes Siobhan	0	95	0	0	95
0	Ladies' 40	W066	Wong Vicky	94	0	0	0	94
0	Ladies' 40	W135	Morais Pilar	0	94	0	0	94
0	Ladies' 40	W143	NG OI KA	0	0	94	0	94
0	Ladies' 40	W060	Johnson Stephanie	90	0	0	0	90
0	Ladies' 40	W053	Barretto Mariett	89	0	0	0	89
0	Ladies' 40	W055	Butterworth Katie	0	0	0	0	0
0	Ladies' 40	W057	Griffiths Anca	0	0	0	0	0
0	Ladies' 40	W059	Hung Ting Ting	0	0	0	0	0
0	Ladies' 40	W141	Jackie	0	0	0	0	0
0	Ladies' 45	W069	Bainbridge Hannah	100	100	100	0	300
0	Ladies' 45	W072	FANG CONNIE	99	99	99	0	297
0	Ladies' 45	W078	Ng Choi Long	97	98	0	0	195
0	Ladies' 45	W070	CHAN WAI YAN	98	0	97	0	195
0	Ladies' 45	W080	Rundle Justyna	0	97	96	0	193
0	Ladies' 45	W071	Dickinson Sarah	0	96	94	0	190
0	Ladies' 45	W145	Baje Bernadette	0	0	98	0	98
0	Ladies' 45	W068	AU Joanne	96	0	0	0	96
0	Ladies' 45	W074	lee tze yau fiona	95	0	0	0	95
0	Ladies' 45	W081	TSANG TING CHI	0	0	95	0	95
0	Ladies' 45	W077	Ng Lai Ming	94	0	0	0	94
0	Ladies' 45	W073	Kim Sohui	93	0	0	0	93
0	Ladies' 45	W076	Lobo Avina Andrea Maria	92	0	0	0	92
0	Ladies' 45	W075	Leung Dorothy	0	0	0	0	0
0	Ladies' 45	W079	Nwokonkor Chiz	0	0	0	0	0
0	Ladies' 45	W082	Usta Ozge	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Ladies' 50	W090	Malone Aislinn	99	100	99	0	298
0	Ladies' 50	W091	Nixon Joanne	93	96	97	0	286
0	Ladies' 50	W093	Shek Fiona	100	99	0	0	199
0	Ladies' 50	W151	Lau Shuk Yi Angela	0	98	98	0	196
0	Ladies' 50	W086	CHEUNG Pui Ling Pauline	96	97	0	0	193
0	Ladies' 50	W095	Walmsley Susy	0	0	100	0	100
0	Ladies' 50	W085	Cheng Teresa	98	0	0	0	98
0	Ladies' 50	W087	Ho Tsz Ping	97	0	0	0	97
0	Ladies' 50	W125	Hua Charlene	95	0	0	0	95
0	Ladies' 50	W083	Chan Phyllis	94	0	0	0	94
0	Ladies' 50	W094	van Balken Natasja	92	0	0	0	92
0	Ladies' 50	W092	Pang Hoi Wai	91	0	0	0	91
0	Ladies' 50	W084	Chan Wai Wan	0	0	0	0	0
0	Ladies' 50	W089	Lee Wing Suen Alice	0	0	0	0	0
0	Ladies' 55	W097	GAO LINGLI	100	100	100	0	300
0	Ladies' 55	W107	Wong Ivy	97	99	99	0	295
0	Ladies' 55	W100	mclaughlin Belinda	95	96	97	0	288
0	Ladies' 55	W098	Liew Michele	92	94	96	0	282
0	Ladies' 55	W099	Lo Lan Fa Angel	99	98	0	0	197
0	Ladies' 55	W104	Ng Lisa	98	0	98	0	196
0	Ladies' 55	W103	Morley Susannah	96	97	0	0	193
0	Ladies' 55	W096	Clempson Rachel	0	95	0	0	95
0	Ladies' 55	W105	Stewart Lesley	94	0	0	0	94
0	Ladies' 55	W102	Mitchell-Sandoval Karen	93	0	0	0	93
0	Ladies' 55	W101	Mele Fatima Alessia	91	0	0	0	91
0	Ladies' 55	W106	Widjaja Suryati	0	0	0	0	0
0	Ladies' 60	W112	CHUI SIU MIU MARGARET	100	100	100	0	300
0	Ladies' 60	W117	Yeung Mei Lun Melissa	98	99	99	0	296
0	Ladies' 60	W111	Chu Liza	99	98	97	0	294
0	Ladies' 60	W116	Wong Cecilia	96	96	95	0	287
0	Ladies' 60	W115	Wingard-Robertsson Carolyn	95	95	96	0	286
0	Ladies' 60	W113	Fung Anky	92	94	94	0	280
0	Ladies' 60	W108	Abate Sian	0	97	98	0	195
0	Ladies' 60	W114	Lok Lai Mai	97	0	0	0	97
0	Ladies' 60	W110	Choy Mei	94	0	0	0	94
0	Ladies' 60	W109	Cheng Wing Ho	93	0	0	0	93
0	Ladies' 60	W133	LUK IVY	0	93	0	0	93
0	Ladies' 60	W137	Tuisaula-Swaine Maria	0	0	0	0	0
0	Ladies' 65	W120	TSE Fung Yee May	100	99	99	0	298
0	Ladies' 65	W119	ma sukkuen	99	98	98	0	295
0	Ladies' 65	W121	Yiu Suk Yin	0	100	100	0	200
0	Ladies' 65	W118	LAM YUET MING	0	0	0	0	0
0	Ladies' 75	W122	Ko Susan	100	100	100	0	300
0	Ladies' 75	W123	Lau Rebecca Fung Ling	99	99	99	0	297

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's Junior 13	M007	Luk rivera	99	100	97	0	296
0	Men's Junior 13	M005	Fraser Charlie	98	99	99	0	296
0	Men's Junior 13	M001	Barnes Jack	96	97	95	0	288
0	Men's Junior 13	M004	Dickinson James	94	95	94	0	283
0	Men's Junior 13	M008	Nixon Cody	91	94	93	0	278
0	Men's Junior 13	M009	Schulz Arvid	97	0	98	0	195
0	Men's Junior 13	M318	Coulson Caleb	0	98	96	0	194
0	Men's Junior 13	M002	Bharambe Atharav	100	0	0	0	100
0	Men's Junior 13	M356	Spooner William Ernest Daniel	0	0	100	0	100
0	Men's Junior 13	M012	Whybrow Conor	0	96	0	0	96
0	Men's Junior 13	M014	Yu Fay	95	0	0	0	95
0	Men's Junior 13	M010	Tsai Jacob	93	0	0	0	93
0	Men's Junior 13	M003	Cheng Aiden	92	0	0	0	92
0	Men's Junior 13	M011	Tse Eron	90	0	0	0	90
0	Men's Junior 13	M006	Kong Thaddeus	0	0	0	0	0
0	Men's Junior 13	M013	Wong Chun Him Louis	0	0	0	0	0
0	Men's Junior 13	M322	Ho Tsz Leong	0	0	0	0	0
0	Men's Junior 15	M028	TOBBACK ILIAS	98	100	98	0	296
0	Men's Junior 15	M027	Sze Ming Yin	97	98	100	0	295
0	Men's Junior 15	M023	Riding Harvey	94	96	97	0	287
0	Men's Junior 15	M016	Evans Ellis	92	95	96	0	283
0	Men's Junior 15	M019	Ling Marcus	0	99	99	0	198
0	Men's Junior 15	M029	Williams Tomos Jack	91	97	0	0	188
0	Men's Junior 15	M020	Mirza Kabir	100	0	0	0	100
0	Men's Junior 15	M018	Gao Yichen	99	0	0	0	99
0	Men's Junior 15	M024	Rudge Billy	96	0	0	0	96
0	Men's Junior 15	M017	Fung Chun Hei	95	0	0	0	95
0	Men's Junior 15	M030	Wood Oly	93	0	0	0	93
0	Men's Junior 15	M015	Akhter Elan	90	0	0	0	90
0	Men's Junior 15	M021	PENG ZHIRUI	89	0	0	0	89
0	Men's Junior 15	M022	Privalov Ivan	88	0	0	0	88
0	Men's Junior 15	M026	Shah Siddharth	87	0	0	0	87
0	Men's Junior 15	M025	Russell Henry	0	0	0	0	0
0	Men's Junior 15	M031	余翔	0	0	0	0	0
0	Men's Junior 15	M313	CHAN CHUN WAI	0	0	0	0	0
0	Men's Junior 15	M335	Tsz Ming Chan	0	0	0	0	0
0	Men's Junior 17	M035	Kao Yuwei Ethan	99	99	99	0	297
0	Men's Junior 17	M039	Ma Markus	95	98	100	0	293
0	Men's Junior 17	M033	Hoi Luk	97	96	98	0	291
0	Men's Junior 17	M042	Wing Cheuk Osman Ko	92	93	97	0	282
0	Men's Junior 17	M038	Lindner Monty	96	97	0	0	193
0	Men's Junior 17	M041	van Gaalen Kester	0	92	96	0	188
0	Men's Junior 17	M037	Kwok Wai Lun	100	0	0	0	100
0	Men's Junior 17	M317	Clark Michael	0	100	0	0	100
0	Men's Junior 17	M040	OR CHUN HO	98	0	0	0	98
0	Men's Junior 17	M320	Fung King Chun	0	95	0	0	95
0	Men's Junior 17	M036	Kwok Wang Hei	94	0	0	0	94
0	Men's Junior 17	M325	LAU Shun Hei	0	94	0	0	94
0	Men's Junior 17	M034	Huang Andy	93	0	0	0	93
0	Men's Junior 17	M032	Au Godwin	91	0	0	0	91
0	Men's Junior 17	M043	YAU TSZ WAI	0	0	0	0	0
0	Men's Junior 17	M332	Szentes Koppany	0	0	0	0	0
0	Men's Junior 17	M334	Tsz Lung Chan	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's Open	M063	Kruusamaee Uku	98	99	98	0	295
0	Men's Open	M046	Bhoovarahan Vaibhav	97	100	97	0	294
0	Men's Open	M080	Whitehead Christopher	93	97	96	0	286
0	Men's Open	M065	LAU WING LOK	96	95	92	0	283
0	Men's Open	M365	Edmunds Thomas	91	96	94	0	281
0	Men's Open	M066	Li Vincent	90	94	93	0	277
0	Men's Open	M071	Ng Tim	89	93	89	0	271
0	Men's Open	M084	CHI YEUNG CHIU	84	91	87	0	262
0	Men's Open	M079	Warner Ethan	80	87	85	0	252
0	Men's Open	M078	Tse Max	77	84	80	0	241
0	Men's Open	M055	Chung Chun Kin	75	83	79	0	237
0	Men's Open	M053	Chong See Yeung	100	0	100	0	200
0	Men's Open	M363	wong Kai lok	99	0	99	0	198
0	Men's Open	M051	CHEUNG KA CHUNG	0	98	95	0	193
0	Men's Open	M044	Adams Ben	0	92	90	0	182
0	Men's Open	M087	Mohamed	88	0	91	0	179
0	Men's Open	M085	CHEUK HIN WU	82	89	0	0	171
0	Men's Open	M058	Guzman Andreas	83	0	86	0	169
0	Men's Open	M075	Tai Chun Yin	0	86	81	0	167
0	Men's Open	M047	Bongulto Jose Roberto	95	0	0	0	95
0	Men's Open	M061	Hung Tik Long	94	0	0	0	94
0	Men's Open	M083	Yiu Ching	92	0	0	0	92
0	Men's Open	M068	Mak Ka Tsun	0	90	0	0	90
0	Men's Open	M049	Chan Henry	0	88	0	0	88
0	Men's Open	M358	Lui Owen	0	0	88	0	88
0	Men's Open	M054	Chu Siu fai	87	0	0	0	87
0	Men's Open	M067	Liu Kang Yue Kenneth	86	0	0	0	86
0	Men's Open	M052	Ching LY	0	85	0	0	85
0	Men's Open	M073	Power Kevin	85	0	0	0	85
0	Men's Open	M357	Hughes Glyn	0	0	84	0	84
0	Men's Open	M064	LAM MAN KIT JACKIE	0	0	83	0	83
0	Men's Open	M359	Singh Varun	0	0	82	0	82
0	Men's Open	M069	Mak Yan	81	0	0	0	81
0	Men's Open	M050	Cheng Tsz Fung	79	0	0	0	79
0	Men's Open	M086	KAM YUEN YEUNG	78	0	0	0	78
0	Men's Open	M060	Hui Lok Sum	76	0	0	0	76
0	Men's Open	M082	Wong Wilson	74	0	0	0	74
0	Men's Open	M045	Berne Come	0	0	0	0	0
0	Men's Open	M048	Cahn Thomas	0	0	0	0	0
0	Men's Open	M057	Goh Nick	0	0	0	0	0
0	Men's Open	M059	HON Sai Ho	0	0	0	0	0
0	Men's Open	M062	Kombial Rishab	0	0	0	0	0
0	Men's Open	M070	MILLOT Matthieu	0	0	0	0	0
0	Men's Open	M072	NGAI KANG	0	0	0	0	0
0	Men's Open	M074	Russell Mark	0	0	0	0	0
0	Men's Open	M076	Tho Kai Ren	0	0	0	0	0
0	Men's Open	M077	Tsang Choi Sin	0	0	0	0	0
0	Men's Open	M310	Manon Miguel	0	0	0	0	0
0	Men's Open	M314	Cheuk Man Chapman CHOW	0	0	0	0	0
0	Men's Open	M330	Saeed Rao	0	0	0	0	0
0	Men's Open	M360	Wakely Campbell	0	0	0	0	0
0	Men's Open	M361	Wood Jonty	0	0	0	0	0
0	Men's Open	M362	BATH PRABHJOT SINGH	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 35	M121	Varty Rowan	95	98	95	0	288
0	Men's 35	M089	Chan Michael	94	94	91	0	279
0	Men's 35	M340	Haas Oliver	91	90	89	0	270
0	Men's 35	M364	Pandey Amar	92	91	86	0	269
0	Men's 35	M110	McGrath James John	90	92	84	0	266
0	Men's 35	M125	MANIKANTA DOOLLA	86	89	83	0	258
0	Men's 35	M103	Ko Tsz Ngong	84	87	80	0	251
0	Men's 35	M093	Cotton Sebastian	100	0	100	0	200
0	Men's 35	M096	Donald James	99	0	99	0	198
0	Men's 35	M339	morenval thibault	98	99	0	0	197
0	Men's 35	M095	De Clarens Jerome	0	100	97	0	197
0	Men's 35	M127	Clauge	97	0	98	0	195
0	Men's 35	M311	Ansu	96	0	94	0	190
0	Men's 35	M126	Habib	87	0	90	0	177
0	Men's 35	M114	Simpson Patrick	85	0	85	0	170
0	Men's 35	M368	Tin Gerrard	88	0	78	0	166
0	Men's 35	M366	Gunawardana Oshan	82	0	79	0	161
0	Men's 35	M122	Yuen Ho Lam	0	97	0	0	97
0	Men's 35	M091	Chen Siu wa	0	96	0	0	96
0	Men's 35	M343	nolleau clement	0	0	96	0	96
0	Men's 35	M328	Melero Fabien	0	95	0	0	95
0	Men's 35	M111	Mignon Edouard	0	93	0	0	93
0	Men's 35	M117	Styles Edward	93	0	0	0	93
0	Men's 35	M104	Lai Tat yik	0	0	93	0	93
0	Men's 35	M345	Pepper James	0	0	92	0	92
0	Men's 35	M107	Lecomte Harold	89	0	0	0	89
0	Men's 35	M108	LEE KAM JIM	0	88	0	0	88
0	Men's 35	M092	Cochran Ali	0	0	88	0	88
0	Men's 35	M116	strand victor	0	0	87	0	87
0	Men's 35	M105	LAM TAT MAN	0	86	0	0	86
0	Men's 35	M109	Leung Nok Chai	83	0	0	0	83
0	Men's 35	M323	Ip Perry	0	0	82	0	82
0	Men's 35	M101	Ho Adrian	81	0	0	0	81
0	Men's 35	M090	Chan Shing Kwan	0	0	81	0	81
0	Men's 35	M094	de Campos Diogo	80	0	0	0	80
0	Men's 35	M118	Tang Sai On	79	0	0	0	79
0	Men's 35	M088	Broadbent Neil	0	0	0	0	0
0	Men's 35	M097	Edward Kieran	0	0	0	0	0
0	Men's 35	M098	Gromak Andrey	0	0	0	0	0
0	Men's 35	M102	HO CHUN YAT	0	0	0	0	0
0	Men's 35	M106	Lam John	0	0	0	0	0
0	Men's 35	M115	Steen Elliot	0	0	0	0	0
0	Men's 35	M120	Tsoi Tsz Kit	0	0	0	0	0
0	Men's 35	M123	Yum Christopher	0	0	0	0	0
0	Men's 35	M124	Zizi Adil	0	0	0	0	0
0	Men's 35	M315	CHEUNG CHIN HO	0	0	0	0	0
0	Men's 35	M341	Buenaventura John Jay	0	0	0	0	0
0	Men's 35	M342	Chanthanasombut Piyawat	0	0	0	0	0
0	Men's 35	M344	Tingting Tsui	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 40	M164	YUEN Wan Ho	100	100	100	0	300
0	Men's 40	M132	Chan Wing Hung	98	99	99	0	296
0	Men's 40	M162	Woo David	99	98	98	0	295
0	Men's 40	M137	Davis Chris	97	97	97	0	291
0	Men's 40	M165	HO YIN HO	94	96	95	0	285
0	Men's 40	M146	Leung Son Keng	95	93	96	0	284
0	Men's 40	M152	McDonnell Matt	92	94	92	0	278
0	Men's 40	M133	Chan Tsz Long	90	95	90	0	275
0	Men's 40	M139	Fung Frederick	85	91	85	0	261
0	Men's 40	M138	Fraser Allan	82	88	84	0	254
0	Men's 40	M145	Leung Kwok Shing	79	89	86	0	254
0	Men's 40	M157	Thadani Shabad	76	86	78	0	240
0	Men's 40	M134	Chan Peter	71	84	73	0	228
0	Men's 40	M161	Wong Lawrence	93	0	94	0	187
0	Men's 40	M136	Cowley Richard	91	0	93	0	184
0	Men's 40	M135	Chen Jack	87	92	0	0	179
0	Men's 40	M166	Victor	86	0	91	0	177
0	Men's 40	M156	Schroder Luke	80	0	87	0	167
0	Men's 40	M338	MATHEW HUFCHINSON	0	85	80	0	165
0	Men's 40	M158	Waite Jon	77	87	0	0	164
0	Men's 40	M149	Ma Chi ki	81	0	82	0	163
0	Men's 40	M148	Ma Derek Hing Kwok	78	0	83	0	161
0	Men's 40	M142	Lau Matthew	75	0	77	0	152
0	Men's 40	M143	Lee Hon Chuen	74	0	76	0	150
0	Men's 40	M367	Mehra Nehal	72	0	75	0	147
0	Men's 40	M151	Marly Alexandre	96	0	0	0	96
0	Men's 40	M159	Wilcockson David	0	90	0	0	90
0	Men's 40	M155	Sandes Robert	89	0	0	0	89
0	Men's 40	M131	CANG Tianyang	0	0	89	0	89
0	Men's 40	M163	YAM WAN FUNG	88	0	0	0	88
0	Men's 40	M154	Sam Nickolas	0	0	88	0	88
0	Men's 40	M130	Baram Derek	84	0	0	0	84
0	Men's 40	M144	Leung Chun Chung	83	0	0	0	83
0	Men's 40	M347	Hutchinson Matthew	0	0	81	0	81
0	Men's 40	M346	Chen Chen	0	0	79	0	79
0	Men's 40	M331	Speranza Mark	0	0	74	0	74
0	Men's 40	M160	Wong Christopher Hoi	73	0	0	0	73
0	Men's 40	M128	Abel Jon	0	0	0	0	0
0	Men's 40	M129	Aspa Paul Redentor Del Mundo	0	0	0	0	0
0	Men's 40	M140	George Rhodri	0	0	0	0	0
0	Men's 40	M141	Hui Sai Kit	0	0	0	0	0
0	Men's 40	M147	Lo Tak Shing	0	0	0	0	0
0	Men's 40	M150	MAN CHIU EDWARD LO	0	0	0	0	0
0	Men's 40	M326	Lau Matthew	0	0	0	0	0
0	Men's 40	M327	Lee Kin wa	0	0	0	0	0
0	Men's 40	M348	Pichler Matthias	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 45	M173	Gumbley Edward	100	100	100	0	300
0	Men's 45	M198	Zielinski Jeffrey	99	96	97	0	292
0	Men's 45	M184	Nixon Charlie	96	91	96	0	283
0	Men's 45	M195	Wong John	91	90	95	0	276
0	Men's 45	M181	Li Chi Wai	90	89	93	0	272
0	Men's 45	M168	Chan Ho-Kei	86	88	89	0	263
0	Men's 45	M337	van Gaalen John	87	86	90	0	263
0	Men's 45	M187	Sandoval Jose	84	87	92	0	263
0	Men's 45	M319	Dalling Will	0	99	99	0	198
0	Men's 45	M197	WONG SHUI MING	98	97	0	0	195
0	Men's 45	M178	Kent Tristan	0	95	98	0	193
0	Men's 45	M171	Coulter Joseph	92	0	94	0	186
0	Men's 45	M192	Tso Justin	83	0	91	0	174
0	Men's 45	M170	Conway Niall	82	0	87	0	169
0	Men's 45	M336	Zagury Alan	0	98	0	0	98
0	Men's 45	M182	Luk Chi Hang	97	0	0	0	97
0	Men's 45	M190	Tse Sam	95	0	0	0	95
0	Men's 45	M174	HALLEY KEITH	94	0	0	0	94
0	Men's 45	M185	Ranjan Rajeev	0	94	0	0	94
0	Men's 45	M180	LAU KING YEUNG	93	0	0	0	93
0	Men's 45	M186	Rundle David	0	93	0	0	93
0	Men's 45	M179	Koo Sergio	0	92	0	0	92
0	Men's 45	M191	Tse Leon	89	0	0	0	89
0	Men's 45	M194	WONG SZE LUNG	88	0	0	0	88
0	Men's 45	M189	Tsang Yu Kin	0	0	88	0	88
0	Men's 45	M183	Ma Man Sing	85	0	0	0	85
0	Men's 45	M169	Chun Pun Ku	81	0	0	0	81
0	Men's 45	M167	Chan Fong Kong Francis	0	0	0	0	0
0	Men's 45	M172	Dhir Sachin	0	0	0	0	0
0	Men's 45	M175	hancock james	0	0	0	0	0
0	Men's 45	M176	Jowett Tim	0	0	0	0	0
0	Men's 45	M177	Kam Bernard	0	0	0	0	0
0	Men's 45	M188	So Hoi Nam	0	0	0	0	0
0	Men's 45	M196	Wong ching yuen eric	0	0	0	0	0
0	Men's 45	M333	Tidwell Will	0	0	0	0	0
0	Men's 45	M349	CHAN WAI CHOI ANTHONY	0	0	0	0	0
0	Men's 45	M350	Guha Bodhi	0	0	0	0	0
0	Men's 45	M351	Picasales Louwiel	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 50	M230	Woodhouse Jono	99	100	100	0	299
0	Men's 50	M216	Marchant Tim	93	99	99	0	291
0	Men's 50	M231	Yam KA WAI	94	98	97	0	289
0	Men's 50	M203	CHUNG Wan Hang	91	96	95	0	282
0	Men's 50	M200	Casey Dick	90	94	94	0	278
0	Men's 50	M205	Cummings Jonathan	89	95	93	0	277
0	Men's 50	M211	KWOK WAI ON	86	92	96	0	274
0	Men's 50	M206	Evans Mark	82	93	92	0	267
0	Men's 50	M215	Leung Ying Kit	84	90	91	0	265
0	Men's 50	M226	Williams Jonathan	80	88	88	0	256
0	Men's 50	M221	Siu Dickie	79	89	83	0	251
0	Men's 50	M218	Murchie Alex	78	87	82	0	247
0	Men's 50	M199	Berkhout Alexander	98	97	0	0	195
0	Men's 50	M228	Wong Chun Bong Joseph	97	0	98	0	195
0	Men's 50	M210	Kolacki Michel	88	91	0	0	179
0	Men's 50	M227	Wong Raimondo	83	0	90	0	173
0	Men's 50	M219	Ng Garry	81	0	84	0	165
0	Men's 50	M217	MUI WILFRED	77	0	81	0	158
0	Men's 50	M207	Forde Nicholas	100	0	0	0	100
0	Men's 50	M212	Kwok Cheung Lee	96	0	0	0	96
0	Men's 50	M223	Tang Wai Kuen Winco	95	0	0	0	95
0	Men's 50	M225	Warner Warren	92	0	0	0	92
0	Men's 50	M209	Ko Wall	0	0	89	0	89
0	Men's 50	M229	Wong Tony	87	0	0	0	87
0	Men's 50	M213	Lee Tony	0	0	87	0	87
0	Men's 50	M204	Crane Derek	0	0	86	0	86
0	Men's 50	M224	tsang derek	85	0	0	0	85
0	Men's 50	M202	CHOI KIN WAI	0	0	85	0	85
0	Men's 50	M201	CHAN TAK FAI	0	0	0	0	0
0	Men's 50	M208	Ho Wing Hung	0	0	0	0	0
0	Men's 50	M214	Lee Vincent	0	0	0	0	0
0	Men's 50	M220	Rudge Laurence	0	0	0	0	0
0	Men's 50	M222	Souleyman Jan	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 55	M255	Yasin Ricci	96	99	95	0	290
0	Men's 55	M249	Sum Andrew	93	97	92	0	282
0	Men's 55	M254	Woodruff Elliot	90	95	89	0	274
0	Men's 55	M239	Kong Felix	89	94	88	0	271
0	Men's 55	M242	McGunnigle Paul	84	93	84	0	261
0	Men's 55	M321	Henderson Rod	0	100	100	0	200
0	Men's 55	M235	Cheng Simon	98	0	99	0	197
0	Men's 55	M240	Kwok Kar Cheong	99	0	97	0	196
0	Men's 55	M329	Morley Peter	0	98	98	0	196
0	Men's 55	M237	Hayward Will	97	0	96	0	193
0	Men's 55	M244	Pringle Antony	95	0	93	0	188
0	Men's 55	M246	Russell David	0	96	90	0	186
0	Men's 55	M251	Tse Koon Chor Ernest	94	0	91	0	185
0	Men's 55	M238	Ko Fred	92	0	87	0	179
0	Men's 55	M247	Schulz Arne	86	0	86	0	172
0	Men's 55	M257	KAR LOK LEE	100	0	0	0	100
0	Men's 55	M353	Spooner Daniel St John	0	0	94	0	94
0	Men's 55	M243	ng chi keung	0	92	0	0	92
0	Men's 55	M232	Chan Wai Man	0	91	0	0	91
0	Men's 55	M245	Rubinstein Marc	91	0	0	0	91
0	Men's 55	M253	WONG WAI SHING	88	0	0	0	88
0	Men's 55	M250	Tho Yeong Wah	87	0	0	0	87
0	Men's 55	M256	Yip Hon Man	85	0	0	0	85
0	Men's 55	M241	Lau Tommy	0	0	85	0	85
0	Men's 55	M252	Wan David Hueng Chi	83	0	0	0	83
0	Men's 55	M233	Chan Angus	0	0	0	0	0
0	Men's 55	M234	Chau Kin Wang	0	0	0	0	0
0	Men's 55	M236	Gibb Michael	0	0	0	0	0
0	Men's 55	M248	Smart Cameron	0	0	0	0	0
0	Men's 60	M276	Sewell Andrew	100	100	100	0	300
0	Men's 60	M280	To Eric	99	99	99	0	297
0	Men's 60	M269	LAU YIU MING	98	98	98	0	294
0	Men's 60	M284	Yow John	96	94	94	0	284
0	Men's 60	M263	Chu Ching Kwok	93	95	95	0	283
0	Men's 60	M271	Ng Wing Hong	94	92	93	0	279
0	Men's 60	M258	AU MUN KEE	85	96	96	0	277
0	Men's 60	M282	Tse Pak Yiu	90	91	89	0	270
0	Men's 60	M267	Kwok Bobby	89	88	87	0	264
0	Men's 60	M270	Li Yuk Ki Eric	83	85	84	0	252
0	Men's 60	M261	Ching TF	0	93	97	0	190
0	Men's 60	M281	Kam Heng Henry Wong	92	0	92	0	184
0	Men's 60	M262	Chong Ignatius	0	89	90	0	179
0	Men's 60	M272	Peesapaty Ravi Shanker	87	0	88	0	175
0	Men's 60	M268	LAM Lawrence, Fuk-wah	0	87	86	0	173
0	Men's 60	M279	Tam Tak Kuen	84	86	0	0	170
0	Men's 60	M283	Wong Mark	97	0	0	0	97
0	Men's 60	M312	Burton Scott	0	97	0	0	97
0	Men's 60	M275	Ross Paul	95	0	0	0	95
0	Men's 60	M273	Poon Wing Kit	91	0	0	0	91
0	Men's 60	M260	Cheng Man Keung	0	0	91	0	91
0	Men's 60	M264	Clempson Andy	0	90	0	0	90
0	Men's 60	M259	Chan Francis	88	0	0	0	88
0	Men's 60	M266	Hope Mark	86	0	0	0	86
0	Men's 60	M324	LAI TAT CHEONG	0	0	85	0	85
0	Men's 60	M265	Gilchrist Jonathan	0	0	0	0	0
0	Men's 60	M274	Raimann Reto	0	0	0	0	0
0	Men's 60	M277	Szeto Maurice	0	0	0	0	0
0	Men's 60	M278	Tai Tat Keung	0	0	0	0	0
0	Men's 60	M354	Cragg Mervyn	0	0	0	0	0

AVOHK 5k Series 2025 - Series Results

Rank	Category	Bib	Name	Race1	Race2	Race3	Race4	Total
0	Men's 65	M287	cheung wai lap	100	100	100	0	300
0	Men's 65	M290	CHU HERMANN	97	98	99	0	294
0	Men's 65	M296	yu hin man	96	96	96	0	288
0	Men's 65	M292	LAU alex	95	95	95	0	285
0	Men's 65	M291	davie russell	93	94	93	0	280
0	Men's 65	M285	Chan FORD	98	99	0	0	197
0	Men's 65	M288	CHEUNG CHI WING	0	97	98	0	195
0	Men's 65	M293	Leung Kwong Ming	99	0	0	0	99
0	Men's 65	M289	CHEUNG WAH POK	0	0	97	0	97
0	Men's 65	M295	Morgan Richard	94	0	0	0	94
0	Men's 65	M355	CHEUNG YIK KEUNG	0	0	94	0	94
0	Men's 65	M286	CHEUNG FUK CHEONG	0	0	0	0	0
0	Men's 65	M294	Leung Kwong Kwong	0	0	0	0	0
0	Men's 65	M297	Yum Matthew	0	0	0	0	0
0	Men's 70	M303	Wing Sing kwok	100	100	100	0	300
0	Men's 70	M302	Tsui Henry	97	99	99	0	295
0	Men's 70	M298	Chan Chak Yan	99	98	97	0	294
0	Men's 70	M300	Lau Stephen	98	97	98	0	293
0	Men's 70	M301	LEUNG PUI KI	96	96	96	0	288
0	Men's 70	M316	Chung Gordon	0	0	95	0	95
0	Men's 70	M299	Kam Fuk Lo	0	0	0	0	0
0	Men's 75	M305	kaiwan Choi	100	100	100	0	300
0	Men's 75	M304	Cho Yan Kwong	98	98	99	0	295
0	Men's 75	M306	LEE Wing Hung	99	99	0	0	198
0	Men's 80	M307	Fowler John	100	100	100	0	300
0	Men's 80	M308	So Yip Sing	99	99	0	0	198
0	Men's 80	M309	Wing On Chan	0	0	0	0	0