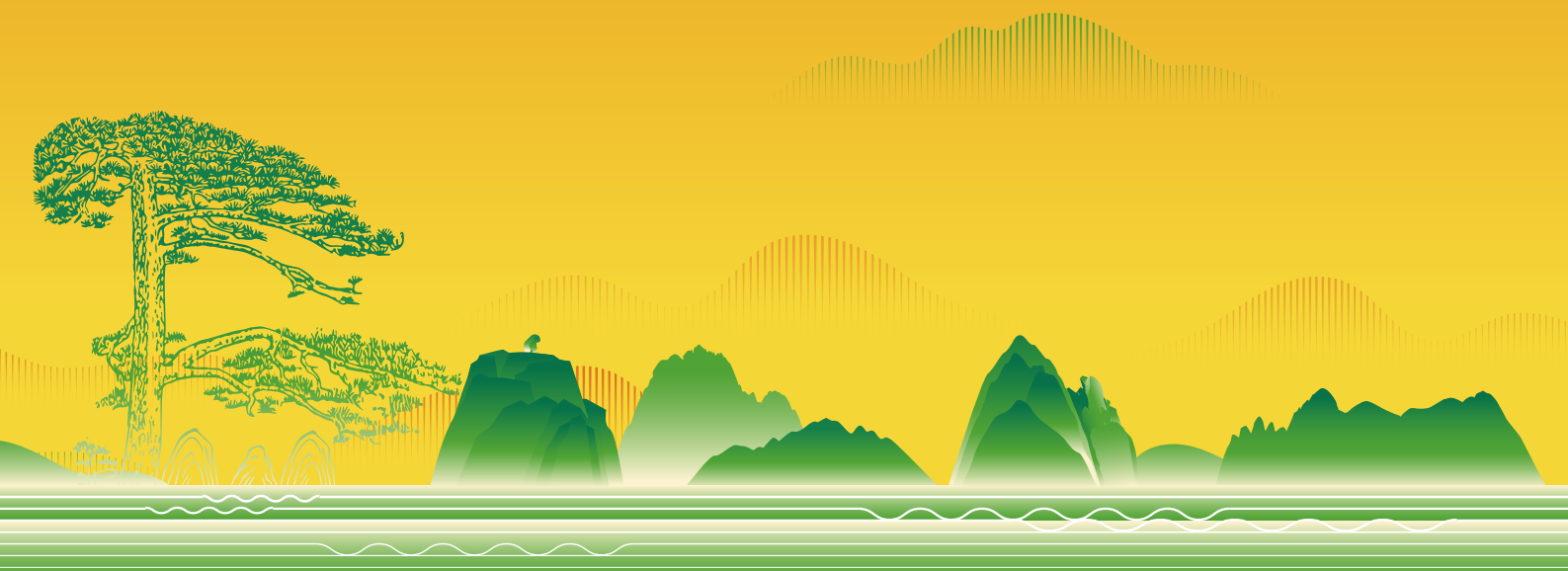




The 1st Asia Masters Marathon

Participant handbook

November 29, 2026
Huangshan, China





MESSAGE

Mr. Viwat Vigrantnoros

President, Asia Masters Athletics (AMA)

The "Marathon" — born from ancient Greek legend — has become the very foundation of modern athletics competition. It is one of the world's most beloved sports and represents the highest aspiration of every runner, bringing immense pride to all who participate and cross the finish line.

The Asia Masters Athletics (AMA) is firmly committed to promoting and developing athletics among masters athletes for the benefit of humankind — enabling access to meaningful social activities that enhance quality of life. It is with this vision that AMA has initiated the inaugural Asia Masters Marathon Championship, as a milestone to enrich the masters athletics programme and foster its sustainable development.

We extend our sincere appreciation and gratitude to the Chinese Athletics Association, the Anhui Provincial Sports Bureau, and the Huangshan Municipal People's Government for creating this historic marathon event in Asian masters athletics, to be held in Huangshan, People's Republic of China, on Sunday, 29 November 2026. The inaugural AMA Marathon represents a landmark initiative of the highest standard, carried out under the auspices of a strong and experienced organization with a long-established tradition of delivering quality marathon events in the People's Republic of China.

It is widely recognized that Huangshan is a city of world natural heritage, renowned for its spectacular scenery and attractions. Combined with its distinctive culture and unique landscape architecture, the city will offer competitors a truly immersive experience — embracing both the urban atmosphere and breathtaking natural vistas — all enhanced further by the exceptionally experienced race management. These elements will leave lasting and unforgettable impressions upon all participants.

On behalf of the Asia Masters Athletics Federation, I extend my warmest wishes and blessings for the success of the First Asia Masters Marathon, and may it bring lasting glory to masters athletics across Asia.

Viwat Vigrantnoros

President, Asia Masters Athletics (AMA)



MESSAGE

Mr. S. Sivapragasam
AMA Secretary

Greetings from Asia Masters Athletics!

It is my pleasure to welcome all participants and officials to the city of Huangshan, China for the 1st Asia Masters Marathon, on 29th November 2026. This is the first ever marathon organised in Asia specially for the master athletes according to different age categories.

First let me thank Chinese Athletic Association (CAA), for coming forward to take up this challenge to host this big event for the first time. AMA is grateful to CAA for hosting this event and give opportunities to master athletes in Asia who look forward for long distance road race competition.

CAA has hosted the Asia Masters Athletics Championships a few times successfully. They have all the expertise, facilities and support to make this a successful event. We hope this event will attract more participants especially from the Asian countries and regions to participate and to strengthen the unity among Asians.

I would like to seek cooperation and understanding from all Asian countries and regions and to give your full support to the organisers who are doing their best to stage this big event for the first time. We know that our master athletes not only perform well in the track and field they also have capability and love for long distance events. Let us provide this golden opportunity to all our master athletes to perform and prove themselves that they are all amazing human beings!

Let us all come together, compete in the name of sportsmen spirit, strengthen and foster unity and peace among us. 'Where there is unity, there is always Victory' (Publilius Syrus).

Huangshan is a very fascinating province with a lot of tourist attractions. We hope all master athletes and officials will have a wonderful competition and enjoy the stay in Huangshan, China.

On behalf of AMA I wish all the best to the organisers and best of luck to all competitors.

'Your victory is right around the corner, never give up' (Nicki Minaj).

See you all in Huangshan, China !

S. SIVAPRAGASAM AMW
AMA Secretary



MESSAGE

Mr. Sun Yuanfu

President, Chinese Athletics Association

Dear Friends,

On behalf of the Chinese Athletics Association, I extend our warmest welcome to all athletes, coaches, technical officials, media friends, and participants from the MFs of the Asia Masters Athletics (AMA) to the 1st Asia Masters Marathon, which will be grandly held in Huangshan, China, on November 29, 2026.

As the host, we are deeply honored to collaborate with AMA in organizing this landmark event. The Asia Masters Marathon upholds the spirit of "Lifelong Sports, Never Retire," celebrating not only endurance and speed but also the passion, perseverance, and camaraderie unique to masters athletes.

Huangshan, renowned for its spectacular pine trees, peculiar rocks, sea of clouds, and profound cultural heritage, adds unique inspiration and charm to this event. In this stunning convergence of nature and culture, we sincerely invite everyone to run amidst the picturesque scenery and experience the genuine hospitality of the Chinese people.

To all masters athletes participating in this event: you are an inspiration to yourselves. Your dedication to athletics transcends age, and your footsteps will collectively write a new chapter in the history of the Asia Masters Marathon. May this event further unite the strength of Asian sports and promote the values of health, vitality, and lifelong athletic participation.

We express our heartfelt gratitude to AMA, the event organizing committee, volunteers, and all partners. It is your hard work that has turned this vision into reality. Let us gather in the spirit of friendship and competition to make the inaugural Asia Masters Marathon an unforgettable sporting celebration.

Wishing you all strong runs, self-transcendence, and beautiful memories in Huangshan!

Welcome to China!

Sun Yuanfu

President, Chinese Athletics Association



MESSAGE

Mr. Shan Qiang

Director of Anhui Provincial Sports Bureau

Dear all friends,

"Beautiful Anhui, Welcoming the World." On the occasion of the 1st Asia Masters Marathon, I extend the most sincere welcome on behalf of the Anhui Provincial Sports Bureau to friends from countries and regions across Asia who have traveled from afar!

Huangshan is a treasure of China's dual UNESCO World Heritage. Its magnificent pines stand tall, seas of clouds roll freely, and Hui-style villages are nestled among verdant mountains and crystal waters, where a thousand years of Hui culture have accumulated a unique and profound cultural depth. As the footsteps of marathon runners echo across this living landscape painting, the power of sport, the grandeur of nature, and the charm of culture will resonate and blend as one.

The hosting of this event in Anhui is a testament to trust in our province's capacity to organize world-class competitions. Our masters athletes express their love of life through running — age has never set a limit, and the course bears witness to the eternal. Your presence is the most inspiring example of public fitness, and the most precious meaning of this event.

As the host, we have made thorough and meticulous preparations. A high-quality course connects the start and finish lines with the scenic wonders along the way. A professional event team stands ready to provide full support, along with dedicated "travel with the race" services, so that while challenging yourselves, you may also savor Hui cuisine, admire Hui carvings, and explore Huizhou — immersing yourselves in the unique charm of Anhui.

May everyone run brilliantly on the Huangshan course, forge lasting friendships, and take home unforgettable memories.

We sincerely wish the 1st Asia Masters Marathon every success!

Shan Qiang

Director of Anhui Provincial Sports Bureau



MESSAGE

Mr. He Yi

Mayor of People's Government of Huangshan City

Dear Friends,

Welcome the world, run in Huangshan. On the occasion of the opening of the First Asia Masters Marathon, on behalf of the Huangshan Municipal Committee of the Communist Party of China and the Huangshan Municipal People's Government, I would like to extend a warm welcome to all the athletes, technical officials, distinguished guests, and participants from across Asian countries and regions.

"Running in Huangshan" means experiencing the unique charm of its landscapes and culture. This is a place of breathtaking scenery and brilliant heritage. Huangshan Mountain is world-renowned for its "Five Wonders" — peculiar pines, grotesque rocks, seas of clouds, hot springs, and winter snow — and it holds a triple crown of distinctions as a UNESCO World Cultural and Natural Heritage Site, a World Geopark, and a World Biosphere Reserve. The cultural legacy of Huizhou runs deep, standing as one of China's three major regional cultures, with treasures such as the Xin'an School of Painting, Xin'an Medicine, Huizhou-style architecture, and the "Four Carvings of Huizhou" passed down through generations and still influential today. Here, clear waters flow endlessly and the air remains ever fresh — forest coverage reaches 82.9%, water quality ranks among the best in the country and first in the province, and air quality remains excellent for over 98% of days year-round, placing Huangshan among the top 3 inland cities in China. The entire city is a natural sports field and an open-air gym. When the steady rhythm of marathon footsteps meets the mountains, waters, and cultural heritage of Huangshan, athletic vitality will blend seamlessly with natural beauty and cultural charm.

"Welcome the world" means embracing the sincere friendship from every corner of the globe. In recent years, our city has remained committed to brand-driven and event-powered development, working to build an outdoor sports destination around Huangshan and promoting the deep integration of sports with culture and tourism — making "travel with the race" a shining calling card for Huangshan. Every race track is, in itself, a path of welcome; every sporting event is, in itself, an invitation to gather. From the Huangshan Marathon being honored as one of China's Top Ten "Crossing Mountains to the Lake · Landscape Courses," to the successive arrival of signature events such as the Tour of Huangshan International Road

Cycling Race and the International Triathlon, and now to this top-tier Asian road race choosing Huangshan as its home — these milestones are not only a testament to the quality of our city's event organization, but also a significant step forward in Huangshan's journey toward international sports development.

All you master athletes have measured these mountains and waters with every stride, transcending time and distance through sheer passion — vividly embodying the marathon spirit of challenging oneself, surpassing one's limits, and never giving up, while infusing the city of Huangshan with vibrant, upward energy. As your host, we have made every preparation — outstanding race courses, professional support services, and attentive hospitality — to warmly welcome every friend who joins us here.

May the mountains and waters embrace you, and may the culture settle deep in your heart. May all athletes run freely along Huangshan's picturesque race courses, fully embrace the joy of sport, forge genuine friendships, and create beautiful memories — together writing a new chapter in the story of Asia Masters athletics.

I extend my heartfelt wishes for the complete success of the First Asia Masters Marathon! May all athletes achieve outstanding results, and may all distinguished guests enjoy good health and every success in all your endeavors!

He Yi

Mayor of People's Government of Huangshan City



General Provisions

1.1 Host

Asia Masters Athletics (AMA)

1.2 Organizers

Chinese Athletics Association (CAA) ,
Anhui Provincial Sports Bureau,
Huangshan Municipal People's Government

1.3 Date and Venue of the Event

November 29, 2026, Huangshan, China

1.4 Events

Men's and Women's Marathon (42.195km)
Men's and Women's Half Marathon
(21.0975km)

1.5 Organizational Structure and Personnel

Asia Masters Athletics

President: VIWAT VIGRANTANOROS

Secretary General: SIVAPRAGASAM SIV-
ASAMBO

Chinese Athletics Association

President: SUN Yuanfu

Secretary General: CAI Yong

Representatives appointed by the Asia
Masters Athletics

Technical Delegate: PERMSAK SURIYACHAN

1.6 Event Schedule

Date	Day of the week	Time	Agenda
Nov 28	Saturday	All day	Team Arrival
Nov 28	Saturday	Afternoon	Technical Meeting
Nov 29	Sunday	8:00 - The End of Race	Race

1.7 Local Information in China

1.7.1 Local Time

The event venue operates on China Standard Time (CST, UTC+8), which is the same as Beijing Time.

1.7.2 Currency

Renminbi (RMB, ¥).

1.7.3 Payment Methods

WeChat Pay, Alipay, credit cards, and cash are all accepted.

1.7.4 Currency Exchange

Foreign currency can be exchanged into RMB at the airport upon entry and within Huangshan City through the following channels:

- Bank branches marked with the currency exchange symbol 
- Foreign currency exchange institutions and authorized exchange points marked with the currency exchange symbol 
- Self-service currency exchange machines marked with the currency exchange symbol



1.7.5 Tipping

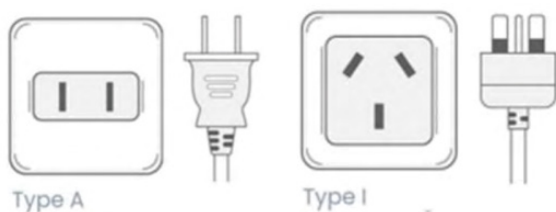
Tipping is not customary in China.

1.7.6 Drinking Water

Tap water is not drinkable directly. Bottled drinking water will be provided in each athlete's hotel room.

1.7.7 Electricity

China uses a standard voltage of 220V. Socket types are Type A and Type I. Participants are advised to bring a plug adapter.



1.7.8 Climate

The event will be held in late November, during the late autumn season in Huangshan. The weather is cool with moderate wind conditions. The average temperature is approximately 5–8°C, and the average relative humidity is 60%–70%, which provides ideal climatic conditions for marathon running.

During this period, there is a relatively large temperature difference between day and night. Participants are advised to dress appropriately, complete sufficient dynamic warm-up exercises before the race, and wear a mask if necessary.

The Organizing Committee will release real-time weather forecasts via the official WeChat public account 7 days prior to the event.

Team Services

2.1 Entry

2.1.1 In accordance with the Exit and Entry Administration Law of the People's Republic of China, foreign nationals entering China (excluding visa-free cases) must apply in advance for a visa at a Chinese embassy or consulate abroad, or other overseas institutions entrusted by the Ministry of Foreign Affairs, and enter China with a valid visa and passport.

2.1.2 Holders of valid ordinary passports from the following eleven Asian countries may enter China visa-free, provided that they meet the specified purposes of visit and duration of stay: Brunei Darussalam, Japan, Kazakhstan, Republic of Korea, Singapore, United Arab Emirates, Kingdom of Saudi Arabia, Thailand, Maldives, Malaysia, Republic of Uzbekistan.

2.1.3 Participating teams from other countries are required to apply for visas on their own. Relevant documents required for visa application, such as invitation letters, will be assisted by the Organizing Committee. All participating teams are requested to submit the Visa Application Form to the Organizing Committee email (asiamastersmarathon@outlook.com) before August 31.

2.1.4 Participating teams from Hong Kong China, Macao China and Chinese Taipei are required to obtain the relevant travel documents on their own, such as the Mainland Travel Permit for Hong Kong and Macao Residents and the Mainland Travel Permit for Taiwan Residents.

2.2 Arrival Arrangements

2.2.1 Transportation Recommendations

It is recommended to arrive by air at one of the following airports: Huangshan Tunxi International Airport, Hangzhou Xiaoshan International Airport, Hefei Xinqiao International Airport, Nanjing Lukou International Airport, Shanghai Pudong International Airport, or Guangzhou Baiyun International Airport.

For participants arriving at Huangshan Tunxi International Airport, the Organizing Committee will provide shuttle transfers to the official reception hotel.

For participants arriving at other airports, they may take high-speed rail to Huangshanbei(Huangshan North) Railway Station or Huangshanxi(Huangshan West)Railway Station, where the Organizing Committee will also provide shuttle transfers to the official designated hotel.



2.2.2 China Customs Regulations

China Customs regulations are strictly enforced. Certain items require prior approval or supporting documentation for entry, with special attention to medicines, medical supplies, food, and plant-related products. For example, passengers carrying small amounts of personal-use medication must ensure it falls within a reasonable self-use range and will be subject to customs inspection. If personal-use medicines are sent into China by mail, the recipient must provide the original and a copy of the doctor's prescription for customs inspection and record-keeping. Each prescription can only be used once for mailed import procedures. The quantity of medication must be consistent with a valid medical prescription, and customs will approve based on the principle of reasonable personal use. For further details, please refer to the official website of China Customs.

2.3 Accommodation Arrangements

Participants are responsible for their own accommodation and meal expenses. The Organizing Committee recommends the following official hotels and rates:

Taiping International Hotel (3 km from the start line)

- Budget: USD 36 per person per day (twin room sharing), USD 54 per person per day (single room)
- Luxury: USD 44 per person per day (twin room sharing), USD 70 per person per day (single room)



Taiping International Hotel

Huangshan Hotel (3 km from the start line)

- Budget: USD 32 per person per day (twin room sharing), USD 45 per person per day (single room)
- Luxury: USD 39 per person per day (twin room sharing), USD 60 per person per day (single room)

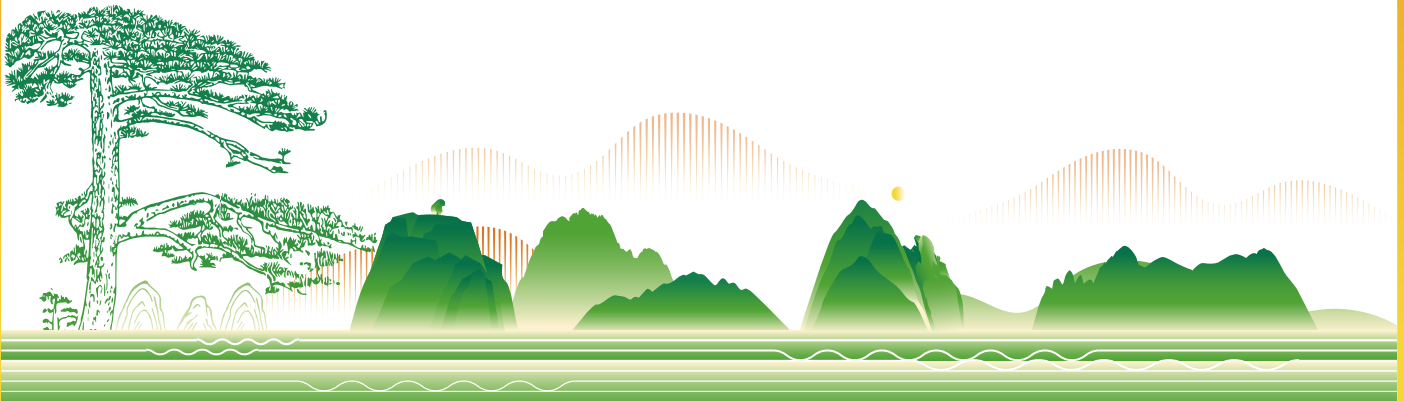


Huangshan Hotel

Xuanyuan International Hotel (1.7 km from the start line)

- Budget: USD 45 per person per day (twin room sharing), USD 72 per person per day (single room)
- Luxury: USD 48 per person per day (twin room sharing), USD 78 per person per day (single room)

Note: All three hotels will provide three meals per day free of charge based on the number of days of stay and room occupancy (twin room: 2 persons; single room: 1 person).





2.4 Transportation Services

2.4.1 Hotel – Technical Meeting Venue

The Technical Meeting will be held at Taiping International Hotel. The Organizing Committee will arrange shuttle buses to transport participants staying at other hotels to the meeting venue.

2.4.2 Hotel – Start/Finish

On race day (November 29), shuttle buses will depart from the official designated hotels to the start area between 05:30 and 06:30 (departures will operate once full).

From 09:30 to 12:00, shuttle buses will depart from the half marathon finish area back to the official designated hotels (departures will operate once full).

From 11:00 to 15:00, shuttle buses will depart from the full marathon finish area back to the official designated hotels (departures will operate once full).

2.5 Volunteer Services

Each participating team will be assigned one English-speaking volunteer.

2.6 Supporting Event Activities

2.6.1 “Taste Huizhou Welcom Banquet”

On the evening before the race, a welcome banquet will be held at Huangshan Taiping International Hotel to host officials from the Asia Masters Athletics, international referees, and representatives of the Masters Marathon participants. The banquet will feature Huizhou cuisine, highlighting locally sourced ecological ingredients, allowing participants to deeply experience the unique culinary culture of Huizhou.



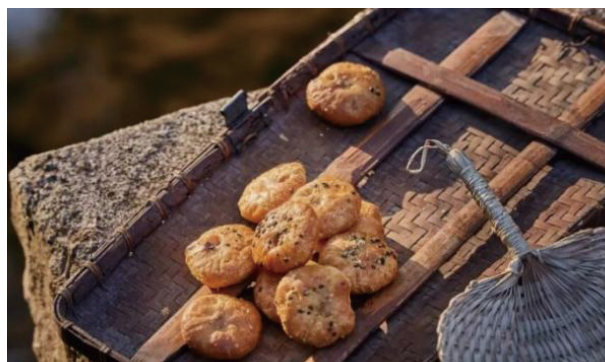
Daobanxiang (Anhui Cured Pork)



Anhui Top Hot Pot



Wenzheng Mountain Bamboo Shoots



Huangshan Crispy Pancake



Huangshan Fermented Mandarin



Fermented Tofu (Furry Tofu)

2.6.2 Run with Scenery · Explore Huangshan

For ten days before and after the race, Masters Marathon participants can enjoy free admission to Huangshan Scenic Area (5A) and 14 other selected tourist attractions. In addition, international travel agencies will offer specially designed themed travel routes and exclusive discount packages for the participants, meeting diverse needs and allowing them to fully explore the natural and cultural landscapes in their free time.



Hongcun

5A-rated Scenic Area



Xidi
5A-rated Scenic Area

A scenic view of Huangshan mountains. The image shows steep, rocky peaks with patches of green trees. A thick layer of white clouds fills the valley between the mountains. The sky above is a mix of blue and orange, suggesting a sunrise or sunset. A green banner is positioned across the upper right portion of the image, containing the text 'Huangshan' in white and '5A-rated Scenic Area' in a smaller white font below it.

Huangshan

5A-rated Scenic Area

2.6.3 “Discover Huizhou Charm · Intangible Cultural Heritage Experience”

During the ten days before and after the race, participants may freely visit designated cultural experience sites in Huangshan District. They can enjoy hands-on experiences such as Taiping Houkui tea ceremony, XinFeng sugar-crafting techniques, and JiQing fish lantern carving, making, and performance skills, gaining a deep appreciation for intangible cultural heritage.



2.6.4 “Date with Huangshan · Cultural&Tourism Market”

Concurrent with the pre-race bib collection, a cultural and tourism market will be held. The event features exhibitions of local agricultural products, specialty foods, creative cultural products, intangible cultural heritage experience zones, traditional Chinese medicine and tea culture experience areas, as well as themed music performances. Participants can explore the market, purchase local specialties, and enjoy the vibrant atmosphere of Huangshan.



Competition Information

3.1 Host

Asia Masters Athletics (AMA)

3.2 Organizers

Chinese Athletics Association (CAA) ,
Anhui Provincial Sports Bureau,
Huangshan Municipal People's Government

3.3 Competition Date and Start Time

(1) Date : November 29, 2026

(2) Strat Time : 8:00 AM

3.4 Competition Events

Men' s and Women' s Marathon (42.195 km)

Men' s and Women' s Half Marathon (21.0975 km)

3.5 Competition Categories

3.5.1 Men' s Marathon, Women' s Marathon.

(1) Men & Women 35–44 years (Year of birth:
1982.Nov.29 –1991.Nov.29)

(2) Men & Women 45–54 years (Year of birth:
1972.Nov.29 –1981.Nov.29)

(3) Men & Women 55–64 years (Year of birth:
1962.Nov.29 –1971.Nov.29)

3.5.2 Men' s Half Marathon, Women' s Half Marathon.

(1) Men & Women 35–44 years (Year of birth:
1982.Nov.29 –1991.Nov.29)

(2) Men & Women 45–54 years (Year of birth:
1972.Nov.29 –1981.Nov.29)

(3) Men & Women 55–64 years (Year of birth:
1962.Nov.29 –1971.Nov.29)

(4) Men & Women 65–79 years (Year of birth:
1947.Nov.29 –1961.Nov.29)

3.6 Course

3.6.1 Start: Huangshan District People' s Government

3.6.2 Finish:

Marathon: Taiping Lake, Peace Bridge Bridge-head

Half-Marathon: Huangshan District People' s Government

3.6.3 Course

(1) Marathon: Huangshan District People' s Government (Start) → Xuanyuan Avenue (reverse direction) → County Road 036 (reverse direction) → Huangshan North Gate Archway (turnaround) → County Road 036 (reverse direction) → Puxi North Road (reverse direction) → Xuanyuan Avenue (reverse direction) → Xuanyuan Avenue Roundabout (reverse direction) → Feicui West Road (reverse direction) → Xihai Road (reverse direction) → Pinghu West Road (forward) → Pinghu West Road (turn-around) → Pinghu West Road (reverse direction) → National Highway 330 (forward) → Taiping Lake, Peace Bridge Bridgehead (Finish)

(2) Half Marathon: Huangshan District People' s Government (Start) → Xuanyuan Avenue (reverse) → County Road 036 (reverse) → Huangshan North Gate Archway (turnaround) → County Road 036 (reverse) → Puxi North Road (reverse) → Xuanyuan Avenue (reverse) → Xuanyuan Avenue Roundabout (reverse) → Feicui West Road (reverse) → Feicui West Road (turnaround) → Feicui West Road (reverse) → Xuanyuan Avenue Roundabout (forward)



→ Xuanyuan Avenue (reverse) →

Huangshan District People's Government (Finish)

The race course will be measured by an International Grade B measurer certified by World Athletics (WA).

3.7 Participation Rules

3.7.1 The competition shall be conducted in accordance with the Rules of Competition and Technical Rules issued by World Athletics, the relevant regulations of World Masters Athletics (WMA), and the rules of this marathon.

3.7.2 Race Bib Numbers will be uniformly assigned and issued by the Organizing Committee. All participants are required to wear two bibs—one on the front of the chest and one on the back—and must keep them properly displayed at all times during the race to avoid affecting participation or official results.

3.7.3 Check-in

(1) Check-in Time: 6:30-7:45

(2) Participants should plan their travel time properly and arrive at the starting area early for check-in. Upon entry, runners must pass a security check and bib verification, and then proceed to the designated assembly zones according to their event category (marathon or half marathon).

3.7.4 Race Attire

To ensure event safety, participants must wear appropriate athletic clothing and display their race bibs as required while competing.

3.7.5 Start

This event will use a wave start with separate gun starts. Participants will be assigned to starting zones based on their competition category and their submitted personal result, the first gun will be fired at 08:00 for marathon runners in Zone A and Zone B. The second gun will be fired at 08:15 for half marathon runners in Zone C/D/E.

3.7.6 Timing Method

(1) Chip timing will be used for both the marathon and half marathon events. The timing chip will be activated when the participants crosses the start line.

(2) Timing mats will be set at the assembly area, the start, every 5 km, the 21.0975 km mark, the far turning point, and the finish line. During the race, participants must pass over all timing mats in sequence. Participants who finish within the cutoff time but miss any timing point will not be ranked. In addition, except for the start, if two timing chips record a time difference of less than 0.1 seconds at multiple timing points, the participants' result will be disqualified.

(3) Disposable timing chips will be used. The chips will be distributed together with the race kit and bib number.

(4) The event will employ video arbitration equipment, and rulings may be made based on video evidence when necessary.

3.7.7 Cut-off times

The cutoff times for each segment are shown in the table below (based on the official gun start time):



Events	Distance (KM Marker)	Cut-Off Duration (Time after each wave's starting gun)
Half-Marathon/ Marathon	Start	15 minutes after the last wave starts
	5KM	55 MINS
	10KM	1H30MINS
	15KM	2H10MINS
	20KM	2H50MINS
Half-Marathon	21.0975KM	3H
Marathon	25KM	3H30MINS
	30KM	4H15MINS
	35KM	5H
	40KM	5H45MINS
	42.195KM	6H
Note: In the event of emergencies or special circumstances, the Organizing Committee reserves the right to close the course early, and all participants must comply with the official arrangements.		

Participants who fail to complete the required distance within the official cutoff time must stop racing immediately and withdraw from the course to avoid potential danger. Those who withdraw may take the sweep vehicle provided by the Organizing Committee to the finish area of their respective event.

3.7.8 Personal items drop and pick up

The Organizing Committee provides bag storage services for Marathon and Half Marathon participants. Participants should deposit their belongings in the designated start area according to their bib number, and retrieve them at the finish according to the same number. Do not store valuables (such as mobile phones, IDs, cash, keys, etc.) in your bag.

On race day, marathon participants must collect their personal belongings from the designated baggage claim area before 3:00 PM, while half-marathon participants must do so before 12:00 PM in noon. If miss the pickup time, participant may contact the organizing committee after the event to arrange pickup.

3.7.9 Refreshment Stations, Drinking Water-Sponge water Stations, Food Supply
Refreshment stations and Drinking Water/Sponge stations will be positioned approximately every 5 kilometers starting from the starting point, with Drinking water/Sponge water stations located between aid stations.

Event	KM Points	Refreshment	Drinking & Sponge water stations	Food Supply
Half-Marathon/ Marathon	5KM	✓		
	7.5KM		✓	
	10KM	✓		
	12.5KM		✓	✓
	15KM	✓		
	17.5KM		✓	✓
	20KM	✓		
Marathon	20KM	✓		
	22.5KM		✓	✓
	25KM	✓		
	27.5KM		✓	✓
	30KM	✓		
	32.5KM		✓	✓
	35KM	✓		
	37.5KM		✓	✓
	40KM	✓		✓

3.8 Participation Guidelines

3.8.1 Eligibility

(1) The competition is open to participants from 30 member associations of the Asia Masters Athletics Federation, with entries to be submitted collectively by each member association.

(2) In consideration of event insurance and course safety requirements, this race is open to male and female participants aged 35 to 79 (born between 1947 and 1991). A Participant's age shall be determined as of the race day (November 29, 2026). By registering, participants are deemed to have fully agreed to comply with these regulations, the race handbook, and the relevant rules of the Asia Masters Athletics Federation and the Organizing Committee.

(3) During registration, participants are required to provide their best marathon or half-marathon finishing time from the past two years. This result will be used by the Organizing Committee as a reference for the scientific planning and organization of the competition.

3.8.2 Health Requirements for Participants

Participants should be in good health and have a regular running or training background. It is recommended that participants assess their own physical condition; those with any of the following health conditions are not suitable to participate in this race.

(1) Congenital heart disease or rheumatic heart disease

(2) Hypertension or cerebrovascular disease

(3) Myocarditis or other heart conditions

(4) Coronary artery disease or severe arrhythmia

(5) Diabetes with abnormally high or low blood sugar

(6) Recent cold or flu within two weeks before the race

(7) Blood donation within two weeks before the race

(8) Excessive alcohol consumption or insufficient sleep in the night before race

(9) Pregnancy

(10) Other conditions that make strenuous physical activity unsafe

It is recommended that participants assess their physical condition based on a medical examination report prior to the race to determine whether they are fit to participate. All participants must carefully read the Event Participation Declaration (see appendix) before registration and sign it personally to confirm their participation.

3.8.3 Registration Method

(1) Participants must complete an individual registration form and fulfill all required procedures, including the signing of the Participation Declaration.

(2) Each member association shall designate one team leader or staff member to complete a consolidated entry form and submit it together with all individual registration forms to the Organizing Committee's email address.



Organizing Committee Email: asiamastersmarathon@outlook.com

Chinese Athletics Association Email: chn@athletic.org.cn

The Marathon Department of Chinese Athletics Association Email: mls@athletics.org.cn

Organizing Committee Contact:
008619356504470

Registration fees shall be paid collectively by each member association to the Organizing Committee's designated account.

Organizing Committee Account:

Anhui Bodensport Culture Technology Co., Ltd
BANK OF HANGZHOU CO., LTD (HEFEI BRANCH)
A3, HEFEI FINANCEPORT NO.4872 HUIZHOU ROAD, HEFEI, ANHUI, CHINA

SWIFT: HZCBCN2HHFB

Account: 3401040160001331454

(3) After successful registration, the Organizing Committee will send a confirmation email to the respective team leader.

3.8.4 Deadlines of Registration

Submit the final registration form and visa application form to the organizing committee's email address by August 31, 2026 (08/31/2026)

3.8.5 Registration Fees

Marathon: USD 40 per person

Half Marathon: USD 40 per person

3.9 Awards

3.9.1 The marathon and half marathon events will be ranked separately by gender and age group. In each category, the top three finishers will be determined based on chip timing results

and awarded corresponding prize money. The prize structure (after tax) is as follows: 1st place: USD 200; 2nd place: USD 100; 3rd place: USD 50.

3.9.2 In accordance with the relevant laws and regulations of the People's Republic of China, prize-winning Participants are required to pay a 20% personal income tax. The above prize amounts are all stated as net (after-tax) amounts, and the applicable taxes will be withheld and paid by the Organizing Committee on behalf of the Participants.

3.10 Technical Meeting

A technical meeting will be held one day before the competition to announce relevant competition matters and confirm the list of participating Participants. Each member association is required to send 2–5 representatives to attend.

3.11 Event Officials

Organizational delegates, technical delegates, and technical officials will be appointed by the Asia Masters Athletics Federation for the competition.

3.12 Jury of Appeal

The composition and scope of responsibilities of the Jury of Appeal shall be implemented in accordance with the Competition and Technical Rules issued by the World Athletics.

3.13 Technical Information Center (TIC)

The Technical Information Center will be located in the lobby on the first floor of the official hotel and will also serve as the competition information desk. Its main responsibilities



include (but are not limited to):

3.13.1 Publishing relevant competition information on the official notice board, including entry lists, race results, etc.

3.13.2 Issuing urgent notices to each team (the Organizing Committee will also establish a WeChat group for real-time communication). Team leaders are required to collect and relay relevant information within the specified time.

3.13.3 Providing consultation services related to accommodation, catering, transportation, and competition matters.

3.14 Award Ceremony

The award ceremonies will be held at the finish areas of the half marathon and full marathon respectively. Award-winning participants are required to wait in the designated award waiting area after finishing the race. If an award recipient is unable to attend the ceremony in person, they must inform the Organizing Committee staff in advance.

On-site awards will be presented to the top three finishers in the overall male and female categories (best performance categories) for both the full marathon and half marathon. The top three participants in all other age groups may collect their awards at the post-race award collection area and take commemorative photos after the race.

Insurance

4.1 The Organizing Committee will purchase insurance for registered participants and staff

participating on-site. Insurance coverage shall be based on the registration information provided; incorrect registration details may result in invalid insurance coverage. Participants who participate without authorization (e.g., “bandit running”), use unofficial bib numbers, or engage in any other rule violations will not be covered by insurance and will be subject to corresponding penalties. Detailed insurance policy terms can be checked on the official Huangshan Marathon WeChat public account prior to the event.

4.2 If a participant suffers physical discomfort or related medical conditions during the event due to personal reasons (including but not limited to chronic diseases, hidden illnesses, or insufficient physical fitness), and such conditions (including but not limited to heatstroke, fainting, etc.) are ultimately determined by the insurance company to fall outside the scope of insurance coverage, all related legal responsibilities and consequences (including but not limited to medical expenses, lost income, disability compensation, death compensation, etc.) shall be borne solely by the participant, and the Organizing Committee shall bear no responsibility.

4.3 During the event, the Organizing Committee will provide free on-site first aid and emergency medical services. For subsequent hospital treatment costs that fall within the insurance coverage, participants may either settle the payment with the hospital first and then



apply for reimbursement from the insurance company, or directly coordinate with the insurance company for claims processing. The Organizing Committee may provide necessary informational assistance.

4.4 Member associations of Asia Masters Athletics are required to purchase, or to require the relevant personnel to purchase on their own, travel, medical, accident, injury, and illness insurance prior to arrival in China.

Medical Support

The Organizing Committee will establish first aid and medical service stations at both the hotel and competition venues. In addition to free services provided at on-site medical stations, all other medical expenses incurred at hospitals shall be borne by each team. All teams must independently purchase relevant insurance for their members, including medical and travel insurance, and assume corresponding responsibilities.

Participation Declaration

6.1 Participants must voluntarily register for the 1st Asia Masters Marathon and provide true and valid information in accordance with the rules.

6.2 Participants must register and compete under their own names and comply with the Organizing Committee's rule that race bibs must not be transferred to others.

6.3 Participants must provide valid identification documents and related materials to the Organizing Committee for identity verification and agree to bear all responsibilities arising from false or inaccurate documents or information.

6.4 Participants are advised to fully understand the risks associated with marathon running and competition and make adequate preparations before participating.

6.5 Participants voluntarily assume all risks of personal injury or accidents during the event and agree that the Organizing Committee shall bear no liability or compensation responsibility for any personal injury or loss not caused by the Organizing Committee.

6.6 Participants agree that the Organizing Committee will arrange personal accident insurance for them.

6.7 Participants are prohibited from using prohibited substances during the event.

6.8 Participants agree to receive on-site emergency medical treatment provided by the Organizing Committee during the event, and any costs exceeding the insurance coverage shall be borne by themselves.

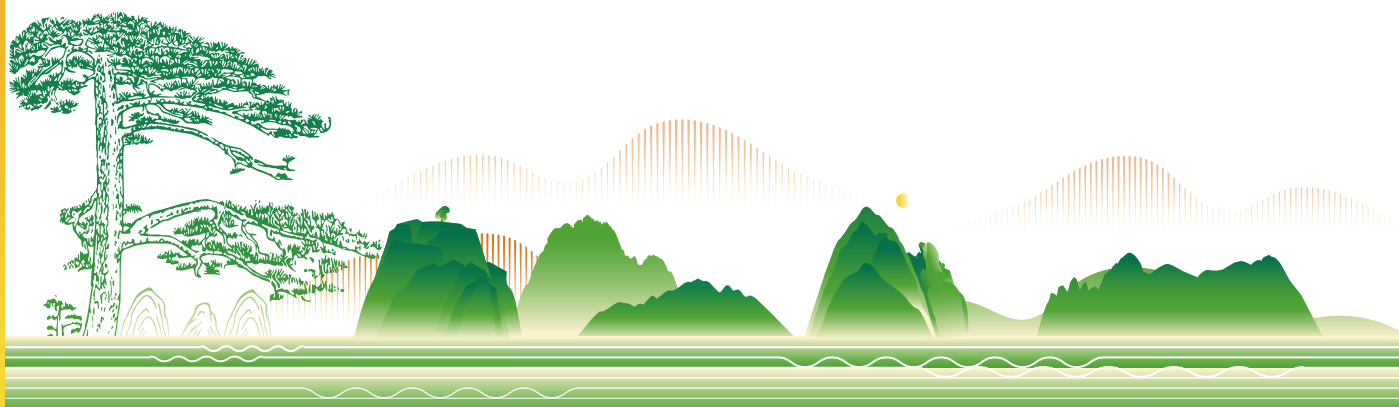
6.9 Participants must store personal belongings in accordance with the procedures specified by the Organizing Committee, and shall be responsible for any loss caused by failure to comply.

6.10 Participants are not allowed to wear clothing or accessories bearing political or religious slogans, symbols, or messages during the event.

6.11 If a participant suffers injury or death due to the use of doping or other prohibited substances during the event, all legal responsibilities and consequences arising therefrom (including but not limited to medical expenses, loss of income, disability compensation, or death compensation) shall be borne solely by the participant.

6.12 Participants must follow the instructions of Organizing Committee staff, comply with competition discipline, and ensure the smooth conduct of the event.

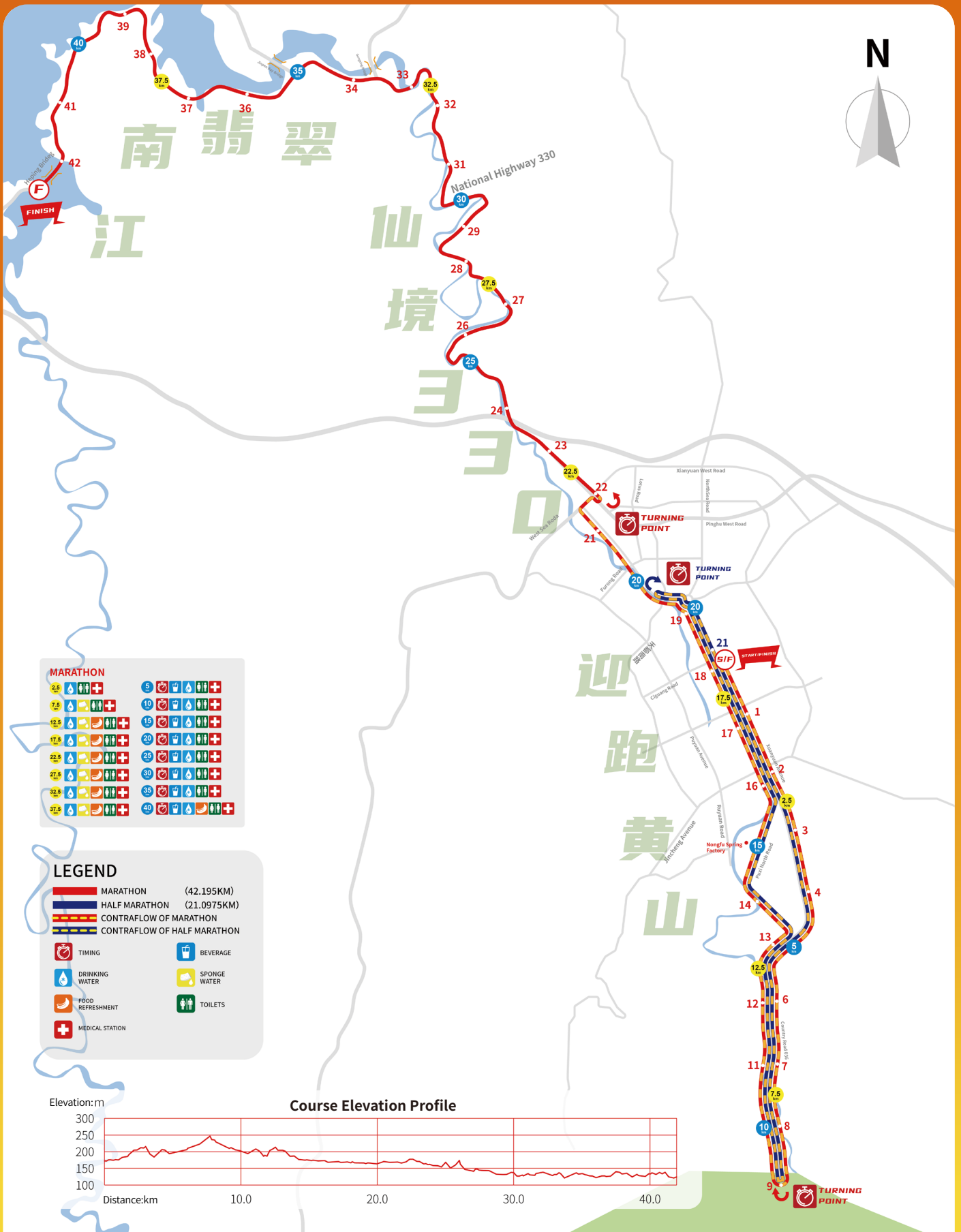
6.13 Participants must fully understand and agree to comply with all regulations, rules, requirements, and measures established by the Organizing Committee.





The 1st Asia Masters Marathon And 2026 Huangshan Marathon

Course Map



HUANGSHAN MARATHON



Welcome to Huangshan

