

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Whiteoak Colette	W023	Ladies' 35 (35-39)	100	100	100	100	300
2	lim charmaine	W018	Ladies' 35 (35-39)	99	98	99	99	297
3	Bell Gemma	W011	Ladies' 35 (35-39)	96	97	96	95	289
4	Svetlana	W022	Ladies' 35 (35-39)	94	0	94	94	282
5	Shifah	W021	Ladies' 35 (35-39)	92	0	93	91	276
0	Kwan Natalie	W014	Ladies' 35 (35-39)	98	99	0	0	197
0	Duan Sherry	W140	Ladies' 35 (35-39)	0	0	98	98	196
0	LATORRACA VALENTINA	W141	Ladies' 35 (35-39)	0	0	97	97	194
0	LAM KA YU	W139	Ladies' 35 (35-39)	93	0	95	0	188
0	Wood Kate	W024	Ladies' 35 (35-39)	97	0	0	0	97
0	Cheung Andrea	W013	Ladies' 35 (35-39)	0	0	0	96	96
0	Law Jacqueline	W017	Ladies' 35 (35-39)	0	96	0	0	96
0	O'Brien Heather	W020	Ladies' 35 (35-39)	95	0	0	0	95
0	Cheng Ka Man	W132	Ladies' 35 (35-39)	0	0	0	93	93
0	Lee Sze Ting	W135	Ladies' 35 (35-39)	0	0	0	92	92
0	McKenzie Sophie	W019	Ladies' 35 (35-39)	91	0	0	0	91
1	Shuttleworth-Waite Amie	W037	Ladies' 40 (40-44)	99	100	0	99	298
2	Borchart Lisa	W026	Ladies' 40 (40-44)	97	99	99	0	295
3	Ballesteros Caban Jovielyn	W025	Ladies' 40 (40-44)	96	98	98	95	292
4	Rice Justine	W035	Ladies' 40 (40-44)	94	96	97	93	287
5	Hanley Debbie	W029	Ladies' 40 (40-44)	95	97	0	94	286
6	Sarah	W036	Ladies' 40 (40-44)	92	0	95	92	279
0	Humphreys Libby	W146	Ladies' 40 (40-44)	100	0	0	100	200
0	Boursier Neto Helene	W123	Ladies' 40 (40-44)	0	0	100	98	198
0	Cheung Lisa	W027	Ladies' 40 (40-44)	0	0	94	91	185
0	WANG YUEN SUEN	W041	Ladies' 40 (40-44)	98	0	0	0	98
0	Balinas Carol	W142	Ladies' 40 (40-44)	0	0	0	97	97
0	Hall Nina	W124	Ladies' 40 (40-44)	0	0	96	0	96
0	Ortilano Melinda	W145	Ladies' 40 (40-44)	0	0	0	96	96
0	Lai Sophia	W032	Ladies' 40 (40-44)	93	0	0	0	93
0	Hay Dominique	W030	Ladies' 40 (40-44)	91	0	0	0	91
0	Sung Tiffany	W038	Ladies' 40 (40-44)	90	0	0	0	90
0	Cvetkovic Maggie	W028	Ladies' 40 (40-44)	0	0	0	0	0
0	Lisa	W033	Ladies' 40 (40-44)	0	0	0	0	0
0	Lochhead Hayley	W034	Ladies' 40 (40-44)	0	0	0	0	0
0	Varty Jess	W039	Ladies' 40 (40-44)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Bainbridge Hannah	W043	Ladies' 45 (45-49)	0	100	100	99	299
2	Ng Choi Long	W051	Ladies' 45 (45-49)	99	99	96	97	295
3	Rundle Justyna	W053	Ladies' 45 (45-49)	97	97	98	98	293
4	chan wing ngaut Charis	W046	Ladies' 45 (45-49)	96	98	97	96	291
5	NG OI KA	W052	Ladies' 45 (45-49)	95	96	0	94	285
6	Chan Pui Yin Petty	W045	Ladies' 45 (45-49)	90	93	94	91	278
7	Chan Frankie	W044	Ladies' 45 (45-49)	91	94	0	92	277
0	Knapman Mary	W133	Ladies' 45 (45-49)	0	0	99	100	199
0	Tsang Ting Chi	W054	Ladies' 45 (45-49)	98	0	0	95	193
0	Riding Xanthe	W128	Ladies' 45 (45-49)	0	95	95	0	190
0	Dickinson Sarah	W047	Ladies' 45 (45-49)	94	0	0	93	187
0	Tse Sin Ying Josephine	W137	Ladies' 45 (45-49)	0	0	93	90	183
0	Kam Hay Man	W049	Ladies' 45 (45-49)	100	0	0	0	100
0	Lee Karen	W050	Ladies' 45 (45-49)	93	0	0	0	93
0	Fujita Hiromi	W048	Ladies' 45 (45-49)	92	0	0	0	92
1	Malone Aislinn	W061	Ladies' 50 (50-54)	0	100	100	100	300
2	Chan Wai Yan	W055	Ladies' 50 (50-54)	98	99	99	99	297
3	CHEUNG Pui Ling Pauline	W057	Ladies' 50 (50-54)	97	98	0	98	293
4	Nixon Joanne	W062	Ladies' 50 (50-54)	96	97	98	97	292
5	Yuen Michelle Somui	W129	Ladies' 50 (50-54)	92	95	97	95	287
0	van Balken Natasja	W063	Ladies' 50 (50-54)	94	0	0	96	190
0	Wong Lai Ling	W065	Ladies' 50 (50-54)	100	0	0	0	100
0	Jayne	W058	Ladies' 50 (50-54)	99	0	0	0	99
0	LAI Joyce	W126	Ladies' 50 (50-54)	0	96	0	0	96
0	Maier Andrea	W060	Ladies' 50 (50-54)	95	0	0	0	95
0	Chen Hsin Yi	W056	Ladies' 50 (50-54)	93	0	0	0	93
0	Walmsley Susy	W064	Ladies' 50 (50-54)	0	0	0	0	0
0	Wong Connie	W066	Ladies' 50 (50-54)	0	0	0	0	0
1	fanny ng	W070	Ladies' 55 (55-59)	100	99	100	100	300
2	Chan Sarah	W069	Ladies' 55 (55-59)	99	100	99	99	298
0	Ho Timmy	W071	Ladies' 55 (55-59)	98	0	0	0	98
0	Lam Grace Gar Lai	W072	Ladies' 55 (55-59)	0	98	0	0	98
0	Lyons Tess	W073	Ladies' 55 (55-59)	97	0	0	0	97
0	Ng Winnie	W074	Ladies' 55 (55-59)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	LUI SHUI FAN	W078	Ladies' 60 (60-64)	100	100	100	100	300
2	LEUNG HOI LUN HELEN	W147	Ladies' 60 (60-64)	99	99	99	99	297
3	Wong Cecilia	W082	Ladies' 60 (60-64)	98	98	97	97	293
4	Wingard-Robertsson Carolyn	W081	Ladies' 60 (60-64)	97	97	96	96	290
0	Abate Sian	W130	Ladies' 60 (60-64)	0	0	98	98	196
0	Mitchell-Sandoval Karen	W079	Ladies' 60 (60-64)	96	96	0	0	192
0	choy may	W076	Ladies' 60 (60-64)	95	0	0	0	95
0	Patchell Suzy	W080	Ladies' 60 (60-64)	0	0	0	0	0
1	Yeung Mei Lun	W084	Ladies' 65 (65-69)	100	100	100	0	300
0	GREER BELINDA	W083	Ladies' 65 (65-69)	0	0	0	0	0
1	Lo Wai Chun	W085	Ladies' 70 (70-74)	100	100	99	100	300
2	Yiu Suk Yin	W087	Ladies' 70 (70-74)	99	0	100	99	298
3	Siu Kwan ying	W086	Ladies' 70 (70-74)	98	99	98	98	295
1	LAU Rebecca	W089	Ladies' 75 (75-79)	99	0	100	99	298
0	Ko Susan	W088	Ladies' 75 (75-79)	100	0	0	100	200
0	Lau Fung Ling	W127	Ladies' 75 (75-79)	0	0	0	0	0
1	Barnes Ella	W016	Ladies' Junior 13 (12-13)	100	0	100	100	300
2	Chan Charlotte Dakota Yi Lam	W001	Ladies' Junior 13 (12-13)	98	100	0	99	297
0	WONG CHILY CHI LEI	W003	Ladies' Junior 13 (12-13)	99	0	0	0	99
0	Chan Cheuk Lam	W002	Ladies' Junior 13 (12-13)	0	0	0	98	98
1	Chan Cwensuela Danielle Cheuk Lam	W004	Ladies' Junior 15 (14-15)	99	100	0	100	299
2	Chan Cheuk Kiu	W005	Ladies' Junior 15 (14-15)	100	0	100	99	299
0	Lui Lauren	W008	Ladies' Junior 15 (14-15)	0	99	0	0	99
0	Lui Ellen	W007	Ladies' Junior 15 (14-15)	0	98	0	0	98
0	Maier Greta	W009	Ladies' Junior 15 (14-15)	98	0	0	0	98
0	kan Yung Ching Anastasia	W144	Ladies' Junior 15 (14-15)	0	0	0	98	98
0	Li Ching Wan	W006	Ladies' Junior 15 (14-15)	0	0	0	97	97
0	Whybrow Sophie	W010	Ladies' Junior 15 (14-15)	0	97	0	0	97
1	Gilham Safiya	W091	Ladies' Junior 17 (16-17)	100	100	99	0	299
2	Nixon Liliana	W096	Ladies' Junior 17 (16-17)	97	99	98	0	294
0	Ip Haydi	W093	Ladies' Junior 17 (16-17)	0	0	100	0	100
0	Ip Amy	W143	Ladies' Junior 17 (16-17)	0	0	0	100	100
0	Guo Yuqi	W092	Ladies' Junior 17 (16-17)	0	0	0	99	99
0	Lip Tweety	W094	Ladies' Junior 17 (16-17)	99	0	0	0	99
0	Schulz Amelie	W097	Ladies' Junior 17 (16-17)	98	0	0	0	98
0	faulkner emily	W090	Ladies' Junior 17 (16-17)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Tong Josephine	W118	Ladies' Open (18-34)	100	100	99	99	299
2	Lau Wai Hin	W110	Ladies' Open (18-34)	97	99	97	0	293
3	LAU Wing Hin	W109	Ladies' Open (18-34)	95	97	95	0	287
4	Whittington Chloe	W120	Ladies' Open (18-34)	91	96	93	96	285
5	Yuen Wing Hei	W122	Ladies' Open (18-34)	88	94	90	92	276
0	Chen Chung Ling Bauhinia	W103	Ladies' Open (18-34)	99	98	0	0	197
0	Louie Kylie	W113	Ladies' Open (18-34)	98	0	98	0	196
0	Manon	W114	Ladies' Open (18-34)	0	0	96	98	194
0	chan vera	W149	Ladies' Open (18-34)	0	0	94	97	191
0	Chow Rachel	W105	Ladies' Open (18-34)	90	0	0	95	185
0	Lai Pui Yan	W138	Ladies' Open (18-34)	0	0	91	94	185
0	Sibo	W148	Ladies' Open (18-34)	0	0	92	93	185
0	Chow Eugenia	W106	Ladies' Open (18-34)	0	0	0	100	100
0	Suen Althea	W136	Ladies' Open (18-34)	0	0	100	0	100
0	CHAN Janna	W102	Ladies' Open (18-34)	96	0	0	0	96
0	Dumri Panida	W107	Ladies' Open (18-34)	0	95	0	0	95
0	Caldwell Sela	W099	Ladies' Open (18-34)	94	0	0	0	94
0	Mok Tsz Mei	W115	Ladies' Open (18-34)	93	0	0	0	93
0	Chak Sum Chi	W100	Ladies' Open (18-34)	92	0	0	0	92
0	Choi Wai Ting	W104	Ladies' Open (18-34)	89	0	0	0	89
0	Hall Sophie	W125	Ladies' Open (18-34)	0	0	0	0	0
0	Lam Stephanie	W134	Ladies' Open (18-34)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Cotton Sebastian	M006	Men's 35 (35-39)	99	100	100	0	299
2	Carey Matt	M002	Men's 35 (35-39)	97	99	99	0	295
3	MILLOT Matthieu	M014	Men's 35 (35-39)	96	0	98	99	293
4	Connolly Creighton	M005	Men's 35 (35-39)	0	97	96	97	290
5	Mistry Amit	M015	Men's 35 (35-39)	90	94	93	0	277
0	Donald James	M007	Men's 35 (35-39)	98	0	0	100	198
0	Hernandez Alejandro	M285	Men's 35 (35-39)	0	0	97	98	195
0	Nolleau Clement	M016	Men's 35 (35-39)	95	98	0	0	193
0	Lai Tat yik	M012	Men's 35 (35-39)	94	0	95	0	189
0	CHUNG CHUN KIN	M003	Men's 35 (35-39)	0	0	91	96	187
0	DOOLLA MANIKANTA	M008	Men's 35 (35-39)	92	95	0	0	187
0	Strand Victor	M019	Men's 35 (35-39)	91	96	0	0	187
0	Zou Yuhan	M022	Men's 35 (35-39)	93	0	94	0	187
0	Ho Adrian	M010	Men's 35 (35-39)	0	0	87	94	181
0	Beceic Dragan Marco	M001	Men's 35 (35-39)	0	0	86	93	179
0	Man Kwun Tung	M013	Men's 35 (35-39)	88	0	88	0	176
0	Tsui Chi kin	M020	Men's 35 (35-39)	100	0	0	0	100
0	Cochran Ali	M004	Men's 35 (35-39)	0	0	0	95	95
0	Salao Joao Antonio Gragas	M018	Men's 35 (35-39)	0	0	92	0	92
0	Kodama Shingo	M011	Men's 35 (35-39)	0	0	90	0	90
0	Pu Ian	M017	Men's 35 (35-39)	89	0	0	0	89
0	Taleb Gus	M288	Men's 35 (35-39)	0	0	89	0	89
0	Zizi Adil	M009	Men's 35 (35-39)	0	0	0	0	0
1	Yuen Wan Ho	M049	Men's 40 (40-44)	99	100	100	0	299
2	Cooper Craig	M029	Men's 40 (40-44)	97	99	98	98	295
3	McCormick Neil	M041	Men's 40 (40-44)	96	97	0	99	292
4	CANG Tianyang	M025	Men's 40 (40-44)	93	96	95	96	287
5	Sandes Robert	M272	Men's 40 (40-44)	0	93	93	95	281
6	Victor	M033	Men's 40 (40-44)	90	0	96	94	280
7	Fung Frederick	M031	Men's 40 (40-44)	91	94	92	93	279
8	McGrath JJ	M042	Men's 40 (40-44)	87	91	90	92	273
9	Waite Jon	M046	Men's 40 (40-44)	88	92	0	91	271
10	KHALID KHAN MOHAMMAD	M036	Men's 40 (40-44)	0	89	88	90	267
11	Wong Cheuk Bun Alvin	M048	Men's 40 (40-44)	80	87	85	87	259
0	Chan Wing Hung	M027	Men's 40 (40-44)	98	0	0	100	198
0	Abel Jon	M023	Men's 40 (40-44)	0	98	99	0	197
0	Cowley Richard	M283	Men's 40 (40-44)	0	0	97	97	194
0	Baram Derek	M024	Men's 40 (40-44)	94	95	0	0	189
0	Varty Rowan	M044	Men's 40 (40-44)	95	0	94	0	189
0	Hutchinson Matthew	M035	Men's 40 (40-44)	0	0	89	89	178
0	cheung ison	M028	Men's 40 (40-44)	0	0	86	88	174
0	Schroder Luke	M043	Men's 40 (40-44)	84	90	0	0	174
0	Lau Matthew	M039	Men's 40 (40-44)	83	0	87	0	170
0	Wong Christopher Hoi	M047	Men's 40 (40-44)	81	88	0	0	169
0	Vaudaine Frederic	M045	Men's 40 (40-44)	100	0	0	0	100
0	Huang Wai Kwan	M034	Men's 40 (40-44)	92	0	0	0	92
0	Ip perry	M286	Men's 40 (40-44)	0	0	91	0	91
0	YUNG WING HONG	M050	Men's 40 (40-44)	89	0	0	0	89
0	Kwong Raymond	M038	Men's 40 (40-44)	86	0	0	0	86
0	Fujita Hironori	M030	Men's 40 (40-44)	85	0	0	0	85
0	Lee Bees	M040	Men's 40 (40-44)	82	0	0	0	82
0	Chan Wing Lee	M026	Men's 40 (40-44)	79	0	0	0	79
0	Gill Jeremy	M032	Men's 40 (40-44)	0	0	0	0	0
0	Yau Kevin San Yu	M289	Men's 40 (40-44)	0	0	0	0	0

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Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Woo David	M076	Men's 45 (45-49)	99	100	100	100	300
2	HO HO YIN	M061	Men's 45 (45-49)	95	98	99	97	294
3	Dalling Will	M055	Men's 45 (45-49)	97	96	0	99	292
4	Jowett Tim	M064	Men's 45 (45-49)	96	0	98	98	292
5	Zielinski Jeffrey	M077	Men's 45 (45-49)	94	97	0	96	287
6	Chan Tik Fai Simon	M052	Men's 45 (45-49)	87	93	96	92	281
7	ON KA MAN	M068	Men's 45 (45-49)	90	92	94	90	276
8	Wilcockson David	M074	Men's 45 (45-49)	91	95	0	87	273
9	Chan Ho-Kei	M051	Men's 45 (45-49)	85	91	0	91	267
10	TSANG YU KIN	M073	Men's 45 (45-49)	79	89	93	0	261
0	Davis Chris	M056	Men's 45 (45-49)	100	99	0	0	199
0	Ferret Thibaut	M284	Men's 45 (45-49)	0	0	97	94	191
0	Dookhi Dhiran	M057	Men's 45 (45-49)	92	0	0	95	187
0	Beji Samy	M261	Men's 45 (45-49)	0	90	95	0	185
0	Chan Henry	M053	Men's 45 (45-49)	88	0	0	93	181
0	Fraser Allan	M059	Men's 45 (45-49)	89	0	0	88	177
0	Sasaki Tomonori	M070	Men's 45 (45-49)	98	0	0	0	98
0	To Ming Hin	M072	Men's 45 (45-49)	0	94	0	0	94
0	Hui Yat Wing Albert	M062	Men's 45 (45-49)	93	0	0	0	93
0	MA DEREK HING KWOK	M066	Men's 45 (45-49)	0	0	0	89	89
0	FEI ANDY	M058	Men's 45 (45-49)	86	0	0	0	86
0	WONG SZE LUNG	M075	Men's 45 (45-49)	84	0	0	0	84
0	McKenzie Alan	M067	Men's 45 (45-49)	83	0	0	0	83
0	fung norton	M060	Men's 45 (45-49)	82	0	0	0	82
0	Lin Hoi kit	M065	Men's 45 (45-49)	81	0	0	0	81
0	Cheng Kwok Ming	M054	Men's 45 (45-49)	80	0	0	0	80
0	Jenkins Alex	M063	Men's 45 (45-49)	0	0	0	0	0
0	Pang Roy	M069	Men's 45 (45-49)	0	0	0	0	0
0	So Hoi Nam	M071	Men's 45 (45-49)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Forde Nicholas	M088	Men's 50 (50-54)	99	99	100	0	298
2	Marchant Tim	M099	Men's 50 (50-54)	98	98	98	100	296
3	Bryce James	M078	Men's 50 (50-54)	96	0	99	99	294
4	Wu CHI TAK	M107	Men's 50 (50-54)	92	96	97	97	290
5	Graham Andrew	M090	Men's 50 (50-54)	97	0	94	98	289
6	Lee Wing Kai	M095	Men's 50 (50-54)	91	94	95	96	285
7	Cummings Jonathan	M084	Men's 50 (50-54)	93	95	96	0	284
8	Leung Ying Kit	M096	Men's 50 (50-54)	86	92	93	95	280
9	Reed Scott	M102	Men's 50 (50-54)	95	97	0	86	278
10	CHAN SAVIO	M079	Men's 50 (50-54)	78	93	92	91	276
11	Nixon Charlie	M100	Men's 50 (50-54)	83	91	91	90	272
12	Williams Jonathan	M106	Men's 50 (50-54)	77	88	89	89	266
13	Sandoval Jose	M103	Men's 50 (50-54)	82	89	90	0	261
14	Ebella Andre	M297	Men's 50 (50-54)	75	0	88	84	247
0	Heijboer Govert	M091	Men's 50 (50-54)	100	100	0	0	200
0	yen shiau sin	M108	Men's 50 (50-54)	90	0	0	94	184
0	Ho Wing Hung	M093	Men's 50 (50-54)	87	0	0	93	180
0	Cheng Tsz Wah	M082	Men's 50 (50-54)	84	0	0	92	176
0	Fang Doug	M087	Men's 50 (50-54)	79	87	0	0	166
0	Liu Albert	M098	Men's 50 (50-54)	76	0	0	85	161
0	Ranjan Rajeev	M101	Men's 50 (50-54)	94	0	0	0	94
0	Tidwell Will	M104	Men's 50 (50-54)	0	90	0	0	90
0	Li Luk Sing	M097	Men's 50 (50-54)	89	0	0	0	89
0	Evans Mark	M086	Men's 50 (50-54)	0	0	0	88	88
0	HO PING YIN	M092	Men's 50 (50-54)	88	0	0	0	88
0	IP JEREMY	M021	Men's 50 (50-54)	0	0	0	87	87
0	Chan Kin Yip	M080	Men's 50 (50-54)	0	86	0	0	86
0	TSE LEON	M105	Men's 50 (50-54)	85	0	0	0	85
0	FUNG Brian	M089	Men's 50 (50-54)	81	0	0	0	81
0	Hsieh Sammy	M094	Men's 50 (50-54)	80	0	0	0	80
0	Crane Derek	M083	Men's 50 (50-54)	0	0	0	0	0

AVOHK 5k Series 2026 - Series Results

Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Kwok Kar Cheong	M118	Men's 55 (55-59)	98	0	99	99	296
2	Pringle Antony	M123	Men's 55 (55-59)	95	100	98	97	295
3	Fong PC	M115	Men's 55 (55-59)	93	99	97	96	292
4	Lee Vincent	M119	Men's 55 (55-59)	94	98	95	98	291
5	McGunnigle Paul	M122	Men's 55 (55-59)	89	97	93	94	284
6	Wong Wing Him Denis	M131	Men's 55 (55-59)	86	95	90	90	275
7	Chan Ka Ming	M112	Men's 55 (55-59)	88	96	91	0	275
0	Berkhout Alexander	M109	Men's 55 (55-59)	0	0	100	100	200
0	Lee Christophe	M120	Men's 55 (55-59)	91	0	96	0	187
0	Rubinstein Marc	M124	Men's 55 (55-59)	92	0	94	0	186
0	Kong Felix	M117	Men's 55 (55-59)	0	0	92	93	185
0	WAN David Hueng Chi	M130	Men's 55 (55-59)	85	0	0	91	176
0	Chan Wai Kei	M113	Men's 55 (55-59)	100	0	0	0	100
0	birman mark	M110	Men's 55 (55-59)	99	0	0	0	99
0	Yiu Vor	M132	Men's 55 (55-59)	97	0	0	0	97
0	Spooner Daniel St John	M127	Men's 55 (55-59)	96	0	0	0	96
0	Lee Wai Choi	M268	Men's 55 (55-59)	0	0	0	95	95
0	Oh Taiwai	M271	Men's 55 (55-59)	0	94	0	0	94
0	Chi Kin Cheung	M114	Men's 55 (55-59)	0	0	0	92	92
0	Tong Matthew	M128	Men's 55 (55-59)	90	0	0	0	90
0	Schulz Arne	M125	Men's 55 (55-59)	87	0	0	0	87
0	Van Kempen Frank	M129	Men's 55 (55-59)	84	0	0	0	84
0	Maier Joerg	M121	Men's 55 (55-59)	83	0	0	0	83
0	Chan Wai Man	M111	Men's 55 (55-59)	0	0	0	0	0
0	Smart Cameron	M126	Men's 55 (55-59)	0	0	0	0	0
1	Day Paul	M277	Men's 60 (60-64)	100	100	100	100	300
2	GILCHRIST JONATHAN	M138	Men's 60 (60-64)	99	99	98	98	296
3	Lee Kenny	M141	Men's 60 (60-64)	91	97	96	97	290
4	Desmidt Marc	M275	Men's 60 (60-64)	97	98	0	94	289
5	Kwok Bobby	M139	Men's 60 (60-64)	95	96	93	96	287
6	Tam Tak Kuen	M145	Men's 60 (60-64)	92	95	92	95	282
7	Li Yuk Ki Eric	M142	Men's 60 (60-64)	90	94	91	93	278
8	Caldwell Charles	M134	Men's 60 (60-64)	89	93	90	92	275
0	Sewell Andrew	M143	Men's 60 (60-64)	0	0	99	99	198
0	Au Timothy	M133	Men's 60 (60-64)	94	0	97	0	191
0	Woodruff Elliot	M146	Men's 60 (60-64)	96	0	94	0	190
0	Cheng Man Keung	M135	Men's 60 (60-64)	93	0	95	0	188
0	Lau Tommy	M140	Men's 60 (60-64)	98	0	0	0	98
0	Szeto Maurice	M144	Men's 60 (60-64)	0	0	0	0	0

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Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	To Eric	M155	Men's 65 (65-69)	100	100	100	0	300
2	wai lap cheung	M156	Men's 65 (65-69)	99	99	98	99	297
3	Leung Kwong Ming	M153	Men's 65 (65-69)	98	97	97	100	295
4	LAU Yiu Ming	M151	Men's 65 (65-69)	97	98	99	0	294
5	Ching Kwok Chu	M149	Men's 65 (65-69)	95	95	96	98	289
6	CHEUNG CHI WING	M148	Men's 65 (65-69)	96	94	94	97	287
7	CHU HERMANN	M150	Men's 65 (65-69)	94	96	95	96	287
8	NG Kai Yuen	M154	Men's 65 (65-69)	93	93	93	95	281
0	LEE CHI MING	M152	Men's 65 (65-69)	92	0	0	0	92
0	LAU Alex	M267	Men's 65 (65-69)	0	92	0	0	92
0	TSOI PO SHING	M295	Men's 65 (65-69)	0	0	92	0	92
0	Chan Kwok Hung Paul	M147	Men's 65 (65-69)	0	0	0	0	0
1	Wing Sing Kwok	M163	Men's 70 (70-74)	100	100	100	100	300
2	yu hin man	M164	Men's 70 (70-74)	99	99	98	99	297
3	IP Shing Hing, Simon	M160	Men's 70 (70-74)	98	97	99	98	295
4	HA Kin Wah	M159	Men's 70 (70-74)	97	98	0	97	292
5	Chan Chok Ming	M157	Men's 70 (70-74)	95	0	97	96	288
6	LEUNG PUI KI	M269	Men's 70 (70-74)	0	96	96	94	286
0	Greer Ken	M158	Men's 70 (70-74)	96	0	0	0	96
0	Tsui Henry	M162	Men's 70 (70-74)	0	0	0	95	95
0	KWOK YEE WAH	M161	Men's 70 (70-74)	0	0	0	0	0
1	Lau Stephen K	M166	Men's 75 (75-79)	100	100	100	100	300
2	Chan Chakyan	M165	Men's 75 (75-79)	99	99	99	99	297
3	Lee Wing Hung	M167	Men's 75 (75-79)	98	98	0	98	294
1	So Yip Sing	M168	Men's 80 (80+)	100	100	0	100	300

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Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
1	Chan Pak Long Casper	M170	Men's Junior 13 (12-13)	100	0	100	100	300
2	He Zihang	M175	Men's Junior 13 (12-13)	0	100	99	98	297
3	Lam Yat Hei	M177	Men's Junior 13 (12-13)	94	99	98	99	296
4	Bundo Kazuki	M169	Men's Junior 13 (12-13)	97	97	97	0	291
5	Poon Paak Ho	M180	Men's Junior 13 (12-13)	93	98	0	96	287
6	W Hugo	M183	Men's Junior 13 (12-13)	87	95	0	94	276
0	Nguyen Kin Ho	M178	Men's Junior 13 (12-13)	0	0	96	97	193
0	Nixon Cody	M179	Men's Junior 13 (12-13)	89	96	0	0	185
0	Fraser Leo	M174	Men's Junior 13 (12-13)	86	0	0	95	181
0	Wong Tsz Hin	M185	Men's Junior 13 (12-13)	99	0	0	0	99
0	Chu Chun lam	M172	Men's Junior 13 (12-13)	98	0	0	0	98
0	Dickinson James	M173	Men's Junior 13 (12-13)	96	0	0	0	96
0	Wong Carres	M184	Men's Junior 13 (12-13)	95	0	0	0	95
0	W Mason	M273	Men's Junior 13 (12-13)	0	94	0	0	94
0	Tam Jonas	M182	Men's Junior 13 (12-13)	92	0	0	0	92
0	Schulz Arvid	M181	Men's Junior 13 (12-13)	91	0	0	0	91
0	Cheng Yan Shun	M171	Men's Junior 13 (12-13)	90	0	0	0	90
0	Herne Jacob	M176	Men's Junior 13 (12-13)	88	0	0	0	88
0	Chu Lucas	M298	Men's Junior 13 (12-13)	0	0	0	0	0
1	Liu Chun Ho Jayden	M294	Men's Junior 15 (14-15)	99	100	100	100	300
2	Bharambe Atharav	M292	Men's Junior 15 (14-15)	100	98	99	99	298
3	TOBBACK ILIAS	M204	Men's Junior 15 (14-15)	98	99	0	98	295
4	Cheung Augusten	M191	Men's Junior 15 (14-15)	97	96	98	97	292
5	Spooner William	M276	Men's Junior 15 (14-15)	95	95	97	96	288
6	Sze Ming Yin	M202	Men's Junior 15 (14-15)	93	97	96	95	288
7	Lai Royce	M196	Men's Junior 15 (14-15)	94	94	95	94	283
8	Barnes Jack	M293	Men's Junior 15 (14-15)	90	0	94	93	277
9	Fraser Charlie	M194	Men's Junior 15 (14-15)	91	0	90	91	272
10	TANG KWAN YEUNG JASPER	M291	Men's Junior 15 (14-15)	92	0	91	88	271
0	Deng Jieyu	M193	Men's Junior 15 (14-15)	0	0	93	92	185
0	Kwan Cheuk wai	M287	Men's Junior 15 (14-15)	0	0	92	89	181
0	Baram Dylan	M186	Men's Junior 15 (14-15)	88	92	0	0	180
0	Coulson Caleb	M192	Men's Junior 15 (14-15)	87	91	0	0	178
0	Wood Oliver	M207	Men's Junior 15 (14-15)	96	0	0	0	96
0	Lau Kin Yat	M197	Men's Junior 15 (14-15)	0	93	0	0	93
0	Chan Jan Sew	M188	Men's Junior 15 (14-15)	0	90	0	0	90
0	Yu Fay	M290	Men's Junior 15 (14-15)	0	0	0	90	90
0	cheuk wa li	M190	Men's Junior 15 (14-15)	89	0	0	0	89
0	Wong Jaden	M206	Men's Junior 15 (14-15)	0	89	0	0	89
0	Shih Paul	M199	Men's Junior 15 (14-15)	86	0	0	0	86
0	Sing hin Chong	M200	Men's Junior 15 (14-15)	85	0	0	0	85
0	TSE ERON	M205	Men's Junior 15 (14-15)	84	0	0	0	84
0	Lai Isaac	M195	Men's Junior 15 (14-15)	83	0	0	0	83
0	chan tsz long	M189	Men's Junior 15 (14-15)	0	0	0	0	0
1	Riding Harvey	M216	Men's Junior 17 (16-17)	100	99	100	100	300
2	Rowlands Sol	M217	Men's Junior 17 (16-17)	96	98	98	0	292
3	Cheng Cyrus	M209	Men's Junior 17 (16-17)	94	97	99	0	290
0	Chan Ying Hang	M208	Men's Junior 17 (16-17)	0	100	0	0	100
0	Ng Yui Ching	M214	Men's Junior 17 (16-17)	99	0	0	0	99
0	Yau Chris	M218	Men's Junior 17 (16-17)	98	0	0	0	98
0	Maier Pirmin	M213	Men's Junior 17 (16-17)	97	0	0	0	97
0	Yeung Ching Yu	M219	Men's Junior 17 (16-17)	0	96	0	0	96
0	Dealy Oscar	M210	Men's Junior 17 (16-17)	95	0	0	0	95
0	Leung King Hei	M211	Men's Junior 17 (16-17)	0	0	0	0	0
1	Bhoovarahan Vaibhav	M223	Men's Open (18-34)	0	100	99	100	299
2	Osman	M244	Men's Open (18-34)	99	0	96	99	294
3	LI WING CHUN	M238	Men's Open (18-34)	98	0	94	98	290
4	Mohamed	M242	Men's Open (18-34)	96	0	95	95	286
5	WU CHEUK HIN	M253	Men's Open (18-34)	94	96	93	93	283
6	Wong Ka Ho Jonathan	M252	Men's Open (18-34)	84	91	87	89	267
7	Tse Max	M248	Men's Open (18-34)	85	92	88	0	265
0	Kruusamaee Uku	M233	Men's Open (18-34)	0	99	97	0	196

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Rank	Name	Bib	Category	Race 1	Race 2	Race 3	Race 4	Total_
0	Lam Shing Hon	M266	Men's Open (18-34)	0	98	0	96	194
0	Wong Chun Yip	M296	Men's Open (18-34)	91	0	92	0	183
0	CHIU CHI YEUNG	M227	Men's Open (18-34)	89	0	90	0	179
0	Yuen Ho Yin Desmond	M256	Men's Open (18-34)	88	0	91	0	179
0	Hung Jonathan	M231	Men's Open (18-34)	87	0	89	0	176
0	Lai Siu Wing Wingo	M278	Men's Open (18-34)	74	90	0	0	164
0	Lau Tsun Ling	M236	Men's Open (18-34)	100	0	0	0	100
0	Clark Michael	M262	Men's Open (18-34)	0	0	100	0	100
0	Beylier Edgar	M222	Men's Open (18-34)	0	0	98	0	98
0	LO Chun Leung	M239	Men's Open (18-34)	97	0	0	0	97
0	Lam Kwan Yui	M265	Men's Open (18-34)	0	97	0	0	97
0	Martin Karl	M270	Men's Open (18-34)	0	0	0	97	97
0	Battle James	M221	Men's Open (18-34)	95	0	0	0	95
0	Adams Ben	M259	Men's Open (18-34)	0	95	0	0	95
0	Jhonjan Teeratorn	M232	Men's Open (18-34)	0	94	0	0	94
0	Ali Jordan	M279	Men's Open (18-34)	0	0	0	94	94
0	Ludvigsson Max	M240	Men's Open (18-34)	0	93	0	0	93
0	Mak Yan	M241	Men's Open (18-34)	93	0	0	0	93
0	Bartram Louis	M220	Men's Open (18-34)	92	0	0	0	92
0	Arcuri Alessandro	M260	Men's Open (18-34)	0	0	0	92	92
0	Wong Jason	M300	Men's Open (18-34)	0	0	0	91	91
0	Yiu Tsz Leong	M255	Men's Open (18-34)	90	0	0	0	90
0	Koesch Lukas	M299	Men's Open (18-34)	0	0	0	90	90
0	Hellgren Oliver	M230	Men's Open (18-34)	86	0	0	0	86
0	Tse Sze Chun	M249	Men's Open (18-34)	0	0	86	0	86
0	Power Kevin	M245	Men's Open (18-34)	83	0	0	0	83
0	Diamante Reymark	M228	Men's Open (18-34)	82	0	0	0	82
0	YEUNG KAM YUEN	M254	Men's Open (18-34)	81	0	0	0	81
0	Tang Ho Yin	M247	Men's Open (18-34)	80	0	0	0	80
0	Li Ka Hei	M237	Men's Open (18-34)	79	0	0	0	79
0	Moyo Gami	M243	Men's Open (18-34)	78	0	0	0	78
0	Hagerty Sean James	M229	Men's Open (18-34)	77	0	0	0	77
0	Wong Chun Yin	M251	Men's Open (18-34)	76	0	0	0	76
0	Purvis Hunter	M246	Men's Open (18-34)	75	0	0	0	75
0	Edmunds Thomas	M264	Men's Open (18-34)	0	0	0	0	0
0	Chabaud Pierre	M281	Men's Open (18-34)	0	0	0	0	0
0	Connolly Tommy	M282	Men's Open (18-34)	0	0	0	0	0