

AVOHK 5k Series 2026 - Wan Chai Gap

Date: 5 - Sep - 2026

Overall Position	Gender Position	Category Position	Category	Bib	Name	OfficialTime
1	1	1	Men's Open (18-34)	M262	Clark Michael	0:16:55
2	2	1	Men's Junior 15 (14-15)	M294	Liu Chun Ho Jayden	0:18:31
3	3	1	Men's 35 (35-39)	M006	Cotton Sebastian	0:18:47
4	4	2	Men's Open (18-34)	M223	Bhoovarahan Vaibhav	0:19:04
5	5	2	Men's 35 (35-39)	M002	Carey Matt	0:19:20
6	6	1	Men's 45 (45-49)	M076	Woo David	0:19:45
7	7	2	Men's Junior 15 (14-15)	M292	Bharambe Atharav	0:19:49
8	8	3	Men's Open (18-34)	M222	Beylier Edgar	0:19:52
9	9	4	Men's Open (18-34)	M233	Kruusamaee Uku	0:19:57
10	10	3	Men's Junior 15 (14-15)	M191	Cheung Augusten	0:19:59
11	11	1	Men's 40 (40-44)	M049	Yuen Wan Ho	0:20:01
12	12	1	Men's 50 (50-54)	M088	Forde Nicholas	0:20:09
13	13	5	Men's Open (18-34)	M244	Osman	0:20:26
14	14	4	Men's Junior 15 (14-15)	M276	Spooner William	0:20:27
15	15	5	Men's Junior 15 (14-15)	M202	Sze Ming Yin	0:20:38
16	16	3	Men's 35 (35-39)	M014	MILLOT Matthieu	0:20:55
17	17	6	Men's Open (18-34)	M242	Mohamed	0:20:56
18	18	7	Men's Open (18-34)	M238	LI WING CHUN	0:21:10
19	19	1	Men's Junior 17 (16-17)	M216	Riding Harvey	0:21:16
20	20	1	Men's Junior 13 (12-13)	M170	Chan Pak Long Casper	0:21:19
21	21	2	Men's 40 (40-44)	M023	Abel Jon	0:21:22
22	22	6	Men's Junior 15 (14-15)	M196	Lai Royce	0:21:33
23	23	2	Men's 45 (45-49)	M061	HO HO YIN	0:21:38
24	24	7	Men's Junior 15 (14-15)	M293	Barnes Jack	0:21:50
25	25	3	Men's 40 (40-44)	M029	Cooper Craig	0:21:52
26	26	2	Men's 50 (50-54)	M078	Bryce James	0:22:01
27	27	4	Men's 35 (35-39)	M285	Hernandez Alejandro	0:22:01
28	28	8	Men's Junior 15 (14-15)	M193	Deng Jieyu	0:22:06
29	29	3	Men's 50 (50-54)	M099	Marchant Tim	0:22:07
30	30	5	Men's 35 (35-39)	M005	Connolly Creighton	0:22:09
31	31	3	Men's 45 (45-49)	M064	Jowett Tim	0:22:11
32	1	1	Ladies' 35 (35-39)	W023	Whiteoak Colette	0:22:33
33	32	4	Men's 40 (40-44)	M283	Cowley Richard	0:22:40
34	2	1	Ladies' 45 (45-49)	W043	Bainbridge Hannah	0:22:47
35	33	5	Men's 40 (40-44)	M258	Victor	0:22:52
36	34	8	Men's Open (18-34)	M253	WU CHEUK HIN	0:22:55
37	35	6	Men's 40 (40-44)	M025	CANG Tianyang	0:22:59
38	36	9	Men's Open (18-34)	M296	Wong Chun Yip	0:23:10
39	37	7	Men's 40 (40-44)	M044	Varty Rowan	0:23:12
40	38	2	Men's Junior 13 (12-13)	M175	He Zihang	0:23:16
41	39	1	Men's 60 (60-64)	M277	Day Paul	0:23:20
42	40	2	Men's 60 (60-64)	M143	Sewell Andrew	0:23:37
43	41	1	Men's 55 (55-59)	M109	Berkhout Alexander	0:23:39
44	42	6	Men's 35 (35-39)	M012	Lai Tat yik	0:23:41
45	43	8	Men's 40 (40-44)	M272	Sandes Robert	0:23:45
46	44	4	Men's 45 (45-49)	M284	Ferret Thibaut	0:23:52
47	45	3	Men's Junior 13 (12-13)	M177	Lam Yat Hei	0:23:52
48	3	2	Ladies' 45 (45-49)	W133	Knapman Mary	0:23:56
49	46	1	Men's 65 (65-69)	M155	To Eric	0:23:59
50	47	2	Men's 65 (65-69)	M151	LAU Yiu Ming	0:24:11
51	48	3	Men's 60 (60-64)	M138	GILCHRIST JONATHAN	0:24:27
52	49	10	Men's Open (18-34)	M256	Yuen Ho Yin Desmond	0:24:30
53	50	9	Men's Junior 15 (14-15)	M287	Kwan Cheuk wai	0:24:39
54	51	11	Men's Open (18-34)	M227	CHIU CHI YEUNG	0:24:41
55	52	4	Men's 50 (50-54)	M107	Wu CHI TAK	0:24:52
56	53	2	Men's 55 (55-59)	M118	Kwok Kar Cheong	0:24:54
57	4	1	Ladies' 40 (40-44)	W123	Boursier Neto Helene	0:24:59
58	54	4	Men's Junior 13 (12-13)	M169	Bundo Kazuki	0:25:07
59	55	5	Men's Junior 13 (12-13)	M178	Nguyen Kin Ho	0:25:09
60	56	10	Men's Junior 15 (14-15)	M291	TANG KWAN YEUNG JASPER	0:25:11
61	57	11	Men's Junior 15 (14-15)	M194	Fraser Charlie	0:25:13
62	5	1	Ladies' Open (18-34)	W136	Suen Althea	0:25:26

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63	58	3	Men's 65 (65-69)	M156	wai lap cheung	0:25:35
64	59	7	Men's 35 (35-39)	M022	Zou Yuhan	0:25:42
65	6	1	Ladies' 60 (60-64)	W078	LUI SHUI FAN	0:25:43
66	60	5	Men's 50 (50-54)	M084	Cummings Jonathan	0:25:46
67	7	1	Ladies' Junior 17 (16-17)	W093	Ip Haydi	0:25:48
68	8	1	Ladies' Junior 13 (12-13)	W016	Barnes Ella	0:25:50
69	61	6	Men's 50 (50-54)	M095	Lee Wing Kai	0:25:51
70	62	7	Men's 50 (50-54)	M090	Graham Andrew	0:25:51
71	9	2	Ladies' 35 (35-39)	W018	lim charmaine	0:26:10
72	63	1	Men's 70 (70-74)	M163	Wing Sing Kwok	0:26:12
73	10	2	Ladies' Open (18-34)	W118	Tong Josephine	0:26:16
74	11	1	Ladies' 50 (50-54)	W061	Malone Aislinn	0:26:21
75	64	9	Men's 40 (40-44)	M031	Fung Frederick	0:26:24
76	12	3	Ladies' 45 (45-49)	W053	Rundle Justyna	0:26:26
77	13	3	Ladies' Open (18-34)	W113	Louie Kylie	0:26:47
78	65	8	Men's 35 (35-39)	M015	Mistry Amit	0:26:53
79	66	12	Men's Open (18-34)	M231	Hung Jonathan	0:26:54
80	67	3	Men's 55 (55-59)	M123	Pringle Antony	0:26:57
81	68	8	Men's 50 (50-54)	M096	Leung Ying Kit	0:26:58
82	69	4	Men's 55 (55-59)	M115	Fong PC	0:27:04
83	70	4	Men's 65 (65-69)	M153	Leung Kwong Ming	0:27:06
84	14	4	Ladies' Open (18-34)	W110	Lau Wai Hin	0:27:11
85	71	5	Men's 65 (65-69)	M149	Ching Kwok Chu	0:27:17
86	15	1	Ladies' Junior 15 (14-15)	W005	Chan Cheuk Kiu	0:27:32
87	16	5	Ladies' Open (18-34)	W114	Manon	0:27:34
88	17	4	Ladies' 45 (45-49)	W046	chan wing ngaut Charis	0:27:35
89	72	9	Men's 50 (50-54)	M079	CHAN SAVIO	0:27:36
90	73	10	Men's 50 (50-54)	M100	Nixon Charlie	0:27:38
91	74	10	Men's 40 (40-44)	M286	Ip perry	0:27:51
92	18	6	Ladies' Open (18-34)	W109	LAU Wing Hin	0:27:54
93	75	5	Men's 55 (55-59)	M120	Lee Christophe	0:27:59
94	19	2	Ladies' 60 (60-64)	W077	LEUNG HOI LUN HELEN	0:28:07
95	76	5	Men's 45 (45-49)	M052	Chan Tik Fai Simon	0:28:14
96	77	6	Men's 65 (65-69)	M150	CHU HERMANN	0:28:18
97	20	3	Ladies' 35 (35-39)	W140	Duan Sherry	0:28:22
98	78	7	Men's 65 (65-69)	M148	CHEUNG CHI WING	0:28:23
99	21	5	Ladies' 45 (45-49)	W051	Ng Choi Long	0:28:27
100	22	3	Ladies' 60 (60-64)	W130	Abate Sian	0:28:38
101	79	13	Men's Open (18-34)	M248	Tse Max	0:28:43
102	80	9	Men's 35 (35-39)	M018	Salao Joao Antonio Gragas	0:28:49
103	81	11	Men's 40 (40-44)	M042	McGrath JJ	0:28:50
104	23	2	Ladies' 50 (50-54)	W055	Chan Wai Yan	0:29:05
105	82	6	Men's 55 (55-59)	M119	Lee Vincent	0:29:06
106	83	14	Men's Open (18-34)	M252	Wong Ka Ho Jonathan	0:29:16
107	84	12	Men's 40 (40-44)	M035	Hutchinson Matthew	0:29:18
108	85	11	Men's 50 (50-54)	M103	Sandoval Jose	0:29:23
109	86	6	Men's 45 (45-49)	M261	Beji Samy	0:29:24
110	87	7	Men's 55 (55-59)	M124	Rubinstein Marc	0:29:28
111	88	8	Men's 55 (55-59)	M122	McGunnigle Paul	0:29:28
112	89	9	Men's 55 (55-59)	M117	Kong Felix	0:29:28
113	24	2	Ladies' Junior 17 (16-17)	W091	Gilham Safiya	0:29:45
114	90	13	Men's 40 (40-44)	M036	KHALID KHAN MOHAMMAD	0:29:45
115	91	2	Men's 70 (70-74)	M160	IP Shing Hing, Simon	0:29:55
116	25	1	Ladies' 65 (65-69)	W084	Yeung Mei Lun	0:29:58
117	92	4	Men's 60 (60-64)	M133	Au Timothy	0:30:07
118	93	12	Men's 50 (50-54)	M106	Williams Jonathan	0:30:11
119	26	4	Ladies' 35 (35-39)	W141	Latorraca Valentina	0:30:13
120	27	2	Ladies' 40 (40-44)	W026	Borchart Lisa	0:30:15
121	94	14	Men's 40 (40-44)	M039	Lau Matthew	0:30:21
122	95	5	Men's 60 (60-64)	M141	Lee Kenny	0:30:21
123	96	6	Men's 60 (60-64)	M135	Cheng Man Keung	0:30:33
124	97	7	Men's 60 (60-64)	M146	Woodruff Elliot	0:30:39

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125	98	2	Men's Junior 17 (16-17)	M209	Cheng Cyrus	0:30:42
126	99	15	Men's Open (18-34)	M249	Tse Sze Chun	0:30:46
127	28	6	Ladies' 45 (45-49)	W128	Riding Xanthe	0:30:49
128	100	3	Men's 70 (70-74)	M164	yu hin man	0:30:57
129	101	3	Men's Junior 17 (16-17)	M217	Rowlands Sol	0:31:00
130	102	10	Men's 35 (35-39)	M003	CHUNG CHUN KIN	0:31:08
131	103	11	Men's 35 (35-39)	M011	Kodama Shingo	0:31:14
132	104	7	Men's 45 (45-49)	M068	ON KA MAN	0:31:19
133	29	4	Ladies' 60 (60-64)	W082	Wong Cecilia	0:31:48
134	30	3	Ladies' 40 (40-44)	W025	Ballesteros Caban Jovielyn	0:31:51
135	31	7	Ladies' Open (18-34)	W101	chan vera	0:32:03
136	32	5	Ladies' 60 (60-64)	W081	Wingard-Robertsson Carolyn	0:32:05
137	33	1	Ladies' 55 (55-59)	W070	fanny ng	0:32:22
138	105	8	Men's 65 (65-69)	M154	NG Kai Yuen	0:32:30
139	106	12	Men's 35 (35-39)	M288	Taleb Gus	0:32:31
140	34	5	Ladies' 35 (35-39)	W011	Bell Gemma	0:32:32
141	107	13	Men's 35 (35-39)	M013	Man Kwun Tung	0:32:48
142	108	10	Men's 55 (55-59)	M112	Chan Ka Ming	0:33:15
143	109	8	Men's 60 (60-64)	M139	Kwok Bobby	0:33:21
144	110	15	Men's 40 (40-44)	M028	cheung ison	0:33:47
145	111	14	Men's 35 (35-39)	M010	Ho Adrian	0:33:53
146	35	3	Ladies' 50 (50-54)	W062	Nixon Joanne	0:33:54
147	112	9	Men's 65 (65-69)	M295	TSOI PO SHING	0:34:11
148	113	1	Men's 75 (75-79)	M166	Lau Stephen K	0:34:14
149	114	4	Men's 70 (70-74)	M157	Chan Chok Ming	0:34:19
150	36	4	Ladies' 40 (40-44)	W035	Rice Justine	0:34:29
151	37	6	Ladies' 35 (35-39)	W139	LAM KA YU	0:34:33
152	115	9	Men's 60 (60-64)	M145	Tam Tak Kuen	0:34:38
153	116	11	Men's 55 (55-59)	M131	Wong Wing Him Denis	0:35:15
154	38	8	Ladies' Open (18-34)	W120	Whittington Chloe	0:35:25
155	39	1	Ladies' 70 (70-74)	W087	Yiu Suk Yin	0:35:44
156	40	5	Ladies' 40 (40-44)	W124	Hall Nina	0:36:29
157	41	6	Ladies' 40 (40-44)	W036	Sarah	0:36:31
158	42	7	Ladies' 35 (35-39)	W022	Svetlana	0:36:31
159	117	15	Men's 35 (35-39)	M001	Beceic Dragan Marco	0:36:38
160	43	2	Ladies' 70 (70-74)	W085	Lo Wai Chun	0:36:57
161	44	7	Ladies' 40 (40-44)	W027	Cheung Lisa	0:37:51
162	118	8	Men's 45 (45-49)	M073	TSANG YU KIN	0:38:23
163	45	9	Ladies' Open (18-34)	W116	Sibo	0:39:24
164	46	3	Ladies' Junior 17 (16-17)	W096	Nixon Liliana	0:40:31
165	47	8	Ladies' 35 (35-39)	W021	Shifah	0:40:44
166	119	10	Men's 60 (60-64)	M142	Li Yuk Ki Eric	0:40:47
167	48	3	Ladies' 70 (70-74)	W086	Siu Kwan ying	0:40:51
168	49	7	Ladies' 45 (45-49)	W045	Chan Pui Yin Petty	0:40:51
169	50	10	Ladies' Open (18-34)	W138	Lai Pui Yan	0:40:56
170	120	5	Men's 70 (70-74)	M269	LEUNG PUI KI	0:41:02
171	121	16	Men's 40 (40-44)	M048	Wong Cheuk Bun Alvin	0:41:48
172	122	2	Men's 75 (75-79)	M165	Chan Chakyan	0:42:46
173	123	11	Men's 60 (60-64)	M134	Caldwell Charles	0:44:31
174	124	13	Men's 50 (50-54)	M297	Ebella Andre	0:44:45
175	51	8	Ladies' 45 (45-49)	W137	Tse Sin Ying Josephine	0:44:55
176	52	1	Ladies' 75 (75-79)	W089	LAU Rebecca	0:46:10
177	53	11	Ladies' Open (18-34)	W122	Yuen Wing Hei	0:48:22
178	54	4	Ladies' 50 (50-54)	W129	Yuen Michelle Somui	0:54:55
179	55	2	Ladies' 55 (55-59)	W069	Chan Sarah	1:01:01