

AVOHK Malcolm Phillips 5k age-graded race 2025
May 10, 2025

Position	Bib Number	Last name	First name	Net time (age adjusted)
FEMALE				
1	18	Lo	Lan Fa Angel	0:18:18.6
2	92	Lau	Peggy	0:18:35.2
3	27	Lingli	Gao	0:18:39.7
4	43	Ko	Susan	0:18:49.1
5	32	Liu	Wai Hau	0:19:42.5
6	69	Ng	Lisa	0:20:51.1
7	55	Leonard	Catherine	0:21:18.8
8	61	Lam	Yuet Ming	0:21:52.0
9	59	Yu	Tiffany	0:22:13.2
10	33	Wu	Kim	0:22:16.0
11	96	Chiu	Tung	0:22:20.8
12	99	Yiu	Suk Yin	0:22:32.4
13	25	Castka	Gillian	0:22:37.6
14	56	Ko	Shun Yee	0:23:05.5
15	21	Lam	Jenny	0:23:13.7
16	1	Fong	Peggy	0:24:00.9
17	58	Chan	Yan	0:24:12.0
18	12	Bruneau	Romane	0:24:34.2
19	8	Pei	Christy	0:24:47.8
20	60	Lui	Yee Kiu	0:24:54.9
21	72	Hui	Angelita	0:25:05.9
22	14	Wong	Grace	0:25:26.1
23	54	Lui	Yee Ching	0:25:36.2
24	2	Whittington	Chloe	0:27:08.1
25	37	Spence	Rebecca	0:27:12.3
26	48	Fung	Mun Ha Anky	0:27:20.0
27	63	Karlsson	Grace	0:29:18.0
28	64	Wan	Kelly	0:29:49.1
29	97	Ching	Stephy	0:30:05.2
30	89	Lepcha	Juliamit	0:30:35.0
31	77	Lau	Rebecca	0:30:46.6
32	20	Lui	Kk	0:34:53.2
33	78	Lau	Sau Wai Cindy	0:35:37.3
34	40	Wakefield	Editha	0:35:49.8
35	83	Tuisaula-swaine	Maria	0:36:12.5
36	29	Yim	Veronica	0:39:13.1
37	79	Cheung	Kitty	0:42:29.7

enquiries to: malcolmphillips5k@gmail.com

Bib Number	Bib Number	Last name	First name	Age
MALE				
1	28	Forde	Nicholas	0:16:10.6
2	6	Cheung	Wai Lap	0:16:40.8
3	7	Eric	To	0:17:02.6
4	81	Neyrinck	Alexandre	0:17:03.4
5	68	Cheng	Simon	0:17:39.6
6	85	Kwok	Wai Lun	0:18:07.4
7	16	Ching	Tang Foon (Stephen)	0:18:22.4
8	51	Chung	振江	0:18:32.9
9	80	Donald	James	0:18:38.8
10	53	Lui	Siu Fan	0:18:50.9
11	39	Leung	Son Keng	0:18:51.5
12	52	Hamilton	Derek	0:18:56.5
13	34	Beaumont	Andrew	0:18:59.9
14	5	Pringle	Antony	0:19:06.9
15	94	Ben-tovim	Meir	0:19:09.3
16	90	Lam	Sherman	0:19:29.6
17	91	Luk	Andy	0:19:30.7
18	19	Yu	Hin Man	0:19:35.8
19	87	Vullierme	John	0:19:39.9
20	15	Cheung	Fuk Cheong	0:20:03.9
21	45	Hellstrom	Kim	0:20:08.2
22	57	Lee	Vincent	0:20:08.4
23	98	Tung	Kam Wai	0:20:11.6
24	95	Lau	Raymond	0:20:19.8
25	47	Lau	Lai Chun	0:20:24.7
26	10	Verheijke	Siegfried	0:20:41.0
27	4	Russell	David	0:21:06.2
28	9	Fung	Fredrick	0:21:17.9
29	13	Wong	Jason	0:21:24.3
30	50	Morgan	Richard	0:21:25.3
31	44	Tsai	Jacob	0:22:11.8
32	86	Sam	Nickolas	0:22:18.8
33	24	Fowler	John	0:22:25.8
34	73	Chan	Chak Yan Philip	0:22:27.5
35	93	Choi	Pui Hing	0:22:50.6
36	36	Joe	Yu	0:23:04.3
37	23	Chung	Tc	0:23:21.8
38	38	John	Chua	0:23:57.5
39	22	Leung	CK	0:24:15.2
40	84	Wong	Chin Yee	0:24:15.9
41	3	Ho	Clarence	0:24:26.3
42	11	Chan	Ho-kei	0:24:45.5
43	62	Karlsson	Gunnar	0:25:34.3
44	67	Tsui	Pak Yu	0:25:45.6
45	26	Lui	Yik Kan	0:25:50.4
46	75	Tsoi	Rhollan Clark	0:25:56.0
47	71	Ko	Tsz Ngong	0:27:33.1
48	49	Wong	Chak Yu	0:27:40.0
49	17	Purves	Bill	0:28:30.3
50	35	Hui	Siu Lun	0:31:08.4
51	88	Man	Yukon	0:31:30.8
52	30	Li	Kc	0:31:42.7
53	31	Wong	Jeff	0:34:43.7
54	76	Mok	Kim Wing	0:35:54.7
55	74	Chan	Yap Fai	0:36:46.0
56	70	Lau	C W	0:37:45.7